

Uppers, Downers, All Arounders, 7th Edition – Instructor's Manual
Chapter 6 – ALL AROUNDERS
Overview

This chapter summarizes the history, pharmacology, epidemiology, and the physical/psychological effects of psychedelic drugs. The botany, compulsive qualities, and legal complications of marijuana use along with an examination of the medical marijuana controversy is also explored.

Psychedelics have been used for thousands of years for religious, social, ceremonial, and medical purposes. They **originally** came from some of the 4,000 **plants** that have psychoactive effects.

In more **modern** times, many psychedelics have been **synthesized**. LSD, MDMA, and hundreds of psycho-stimulants are created every day by street chemists.

Psychedelics or "All Arounders" are generally classified into five major categories:

- **indoles**: e.g., LSD, psilocybin mushrooms, ibogaine, DMT;
- **phenylalkylamines**: e.g., mescaline (peyote), MDMA (ecstasy), MDA;
- **anticholinergics**: e.g., belladonna, henbane, mandrake & datura;
- **miscellaneous psychedelics**: e.g., PCP, DXM, *Salvia divinorum*; and
- **cannabinoids**: marijuana.

All psychedelics cause intensified and confused sensations as well as illusions, delusions, and hallucinations. Many of the psychedelics also cause stimulation, impaired judgment, and faulty reasoning.

Marijuana is the most widely used psychedelic; 160 million people worldwide use Cannabis. The use of phenylalkylamines, also known as psycho-stimulants, particularly MDMA (ecstasy) has decreased slightly in recent years. Club drugs such as ecstasy, mephedrone and MDPV are used to enhance the music party/club/rave experience. Other so-called club drugs popular in the music scene include ketamine, GHB, and nitrous oxide. The other psychedelics are used at a fraction of the rate that marijuana is used. LSD use has gone down substantially since its heyday in the 1960s and '70s.

Synthetic analogs of marijuana's most psychoactive chemical, THC were sold legally as "herbal incense" with trade names like K₂® or Spice® until 2011 when five of these chemicals were classified as Schedule I drugs of abuse. Most states have banned the sale of these incense products. Powerful synthetic stimulants sold as "bath salts" with trade names like Ivory Wave® or Cloud 9® were still legal under federal law in 2011 but several states have classified them as Schedule I illegal drugs.

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Xiaolong Qi



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