

8. The principles of operant conditioning are best illustrated by

- (A) exposing a child to anxiety-provoking stimuli
- (B) reflecting a response to a stimulus with an alternative response
- (C) sleep relaxation techniques
- (D) a token economy to reinforce adaptive behaviors
- (E) development of intrinsic motivation

9. A man is feeling depressed about his inability to support his family after losing his job. The fact that the patient is currently unemployed is coded as which axis in the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)?

- (A) Axis I
- (B) Axis II
- (C) Axis III
- (D) Axis IV
- (E) Axis V

10. Researchers find that there is a significant, positive correlation between the number of hours students sleep and their grades. The researchers would be justified in concluding that

- (A) earning good grades causes people to sleep more
- (B) sleeping more causes students to perform better in school
- (C) students who earn good grades tend to sleep more than those who do not
- (D) more sleep has a beneficial impact on students' grades
- (E) sleep deprivation has no impact on school performance

11. In phase one of a study, a researcher classically conditions a dog to salivate to the ringing of a bell. In the second phase, the researcher pairs a flashing light with the ringing of the bell. After several pairings of the light and the bell, the dog will

- (A) no longer salivate when the bell is rung
- (B) only salivate when the bell is rung
- (C) salivate when the light is flashed
- (D) stop salivating when the light is flashed
- (E) salivate when the researcher comes into the room

12. Jason is attending a parade that features the local high school band. Jason's friend Brent plays the trombone in the band. It is difficult for Jason to hear Brent play at the parade. Which

of the following would best allow Jason to hear Brent's trombone?

- (A) sensory adaptation
- (B) selective attention
- (C) perceptual constancy
- (D) Weber's law
- (E) functional fixedness

Questions 13-15 refer to the information below.

A psychologist describes the following steps to a client, who the client is practicing relaxation techniques in order to treat the client's psychological disorder.

1. "You are entering a large building.
2. "You are pressing a button for an elevator.
3. "You are stepping into an elevator.
4. "You are watching the doors close after entering the elevator.
5. "You are traveling five floors up the elevator.

13. Which of the following categories would most likely represent the diagnosis associated with this set of behaviors?

- (A) OCD disorder
- (B) Anxiety disorder
- (C) Obsessive disorder
- (D) Schizophrenia disorder
- (E) Somatoform disorder

14. What type of treatment technique is described above?

- (A) Aversion therapy
- (B) Systematic desensitization
- (C) Flooding
- (D) Modeling
- (E) Punishment

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Allyson J. Weseley, Robert McEntarffer



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