

## TAKE-HOME INFORMATION FOR MEDICAL ABORTION MEDICATION (In lieu of Discharge Summary)

**What can I expect to feel after I take the second medication for a medical abortion?**

For most women, medical abortion is like an early miscarriage. You might feel strong cramps, feel nauseous or vomit, have diarrhea or feel temporary abdominal pain.

**How to Use the Second Medication, Misoprostol:**

The medical staff will instruct you as to the time you will insert the misoprostol tablets between your cheek and gum or into your vagina.

1. Take Naproxen (pain medication) thirty minutes to an hour before you insert the misoprostol in your mouth or into your vagina.
2. Empty your bladder and wash your hands.
3. If inserted into your vagina, use your fingers, insert the misoprostol tablets (4) one at a time as far into the vagina as they can go.
4. Though not necessary, some patients feel reassured when they rest on their backs for 30 minutes to an hour after vaginal insertion.

**Note:** It is not a problem if the tablets do not fully dissolve or drop out after 30 minutes to an hour, since enough of the medication will have already been absorbed.

After you take the second dosage of medicine (misoprostol), bleeding may start ½ to 10 hours after the medication - most women start between 2 and 4 hours. As a general rule, most patients will experience moderate to heavy bleeding - normal menstrual flow to very heavy bleeding with clots ranging in size from small (golf ball) to very large (an orange) during the abortion. The heaviest bleeding may last for 1 to 4 hours as the pregnancy is being expelled.

Many patients experience mild to severe lower gastrointestinal symptoms. Diarrhea and expulsions of clots often occur while the patient is on the toilet. Large amounts of bright red blood appear even larger when diluted and can be very frightening to patients, especially if there are large clots.

Bleeding usually slows substantially within 1 to 2 hours of passing the pregnancy. As a general rule, patients who have been bleeding heavily for fewer than two hours may be reassured that the bleeding should slow shortly.

### 24-HOUR CARE:

**1-800-821-7237 or 918-665-6400**

Twenty-four hour medical coverage is provided by calling \_\_\_\_\_. A nurse will make every reasonable effort to return your call within 30 minutes. You may also contact emergency medical services (EMS) or go to the emergency room at a hospital. However, if you seek outside medical care without consulting us, we cannot be responsible for decisions made by physicians not associated with this clinic or for any expenses.

### WHEN TO CALL THE CLINIC:

- soak more than 3 maxi pads an hour, more than 2 hours in a row.
- bleed heavily for more than 12 hours in a row
- pass clots larger than lemons for two hours or more
- run a temperature over 101°F for more than four hours soon after using misoprostol. Call immediately if fever starts a few days after using the misoprostol or if you experience abdominal pain, weakness, nausea, vomiting or diarrhea more than 24 hours after taking misoprostol (cytotec) even in the absence of fever
- feel strong nausea or throw up for more than four hours
- are in pain, even with pain killers
- have an allergic reaction to the medicine (shortness of breath, rash, hives)
- do not have bleeding after taking misoprostol

### WHAT HELPS?

**Pain:** Pain can usually be managed with a non-aspirin medication like Naproxen, Tylenol or 600-800 mg. of Ibuprofen. Your doctor can prescribe stronger medications if necessary.

**Nausea or Vomiting or Diarrhea:** Treatment is rarely necessary for these symptoms, which usually last only a few hours. If they persist for too long, medications may be prescribed.

**Fever:** After taking misoprostol, your temperature may be elevated for a short time, but it should return to normal once your bleeding starts. It is wise to monitor any abnormal temperature.

**REMEMBER:** During this abortion process, you will want to rest, use a heating pad or hot-water bottle if it makes you more comfortable, take non-aspirin medication only, and drink plenty of non-alcoholic beverages.

**FOLLOW-UP VISIT:** It is very important that you return to the clinic for a follow-up visit in order to make sure that you are not still pregnant. Your provider will be able to tell if your pregnancy has ended. If you are still pregnant, they will talk to you about the choices you have, including a surgical procedure to end the pregnancy.

Appointment Date \_\_\_\_\_

Patient's Signature \_\_\_\_\_

Staff Signature \_\_\_\_\_

# Planned Parenthood Abortion Discharge Papers

**Ying Liu**



## **Planned Parenthood Abortion Discharge Papers:**

*A History of Family Planning in Twentieth-century Peru* Raúl Necochea López, 2014 History of Family Planning in Twentieth Century Peru    **Congressional Record** United States. Congress, 1996    **Public Employee Discharge and Discipline** Isidore Silver, 1995    Congressional Record Index ,1996 Includes history of bills and resolutions    A General Guide to Abortion R. Bruce Sloane, Diana Frank Horvitz, 1973    **Population and Reproduction Research Abstracts** ,1969    *International Family Planning Perspectives* ,1998    *Humanist* ,1966    Family Planning Digest ,1973

**California. Court of Appeal (2nd Appellate District). Records and Briefs** California (State)., Number of Exhibits 1

**Congressional Record** United States. Congress, 1996-01-03    **Women and Health** ,1977 577 entries to journal articles and books most titles having been published in Australian books and journals during the 1970 s Excludes works written predominantly in medical terminology Citations arranged under topics e g Breast feeding Each entry gives bibliographical information and annotation Appendixes cover current research and women s health centers    **West's Federal Practice Digest** ,2003    **Clearinghouse Review** ,1982    *The Coevolution Quarterly* ,1974    **Law and Population Change in Africa** Fletcher School of Law and Diplomacy. Law and Population Programme, University of Nairobi. Faculty of Law, 1976 Conference report on the teaching of population dynamics in law schools in Africa includes papers on the relevance of population and law population growth legal aspects of family planning political aspects of population policies etc Bibliography pp 269 to 277 map references and statistical tables Conference held in Nairobi 1974 November 24 to 30

*Encyclopedia of the American Legislative System* ,1994    Adolescent Pregnancy and Parenting in California Claire D. Brindis, 1988    Infirmière Canadienne ,1972    *Associations' Publications in Print* ,1981 1981 in 2 v v 1 Subject index v 2 Title index Publisher title index Association name index Acronym index Key to publishers and distributors abbreviations

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