# CHAPTER 7:5 MUSCULAR SYSTEM

#### ASSIGNMENT SHEET

INTRODUCTION: The muscular system enables movement of the body. This assignment will help you review the main facts about this system.
INSTRUCTIONS: Read the information on the Muscular System. In the space provided, print the word(s) the best completes the statement or answers the question.
1. Identify each of the following properties or characteristics of muscles

- Identify each of the following properties or characteristics of muscles.
  - a. ability to respond to a stimulus: excrtabil ty
  - b. ability to be stretched: CYtens ibility
  - c. ability to become short and thick: contractability
  - d. ability to return to its original shape: dashicity
- 2. List the three (3) main kinds of muscles and the main function of each kind.

uscenal - movement intomally skeletal - movement

3. What is the difference between voluntary and involuntary muscles?

owntary conscious

involunt any - O conscious

4. List four (4) functions of skeletal muscles.

movement produce heat posture

5. Name two (2) ways skeletal muscles attach to bones.

tendors fascin

- 6. Identify the following action or movement performed by muscles.
  - a. decreasing the angle between two bones: free
  - b. swinging the arm around in a circle: crown du chon
  - c. moving a body part toward the midline: adduction
  - d. bending the lower arm up toward the upper arm: fee xeen
  - e. moving the arm away from the side of the body: abduction
  - f. straightening the lower leg away from the upper leg: extension

  - h. turning a body part on its own axis: 10101101
  - i. moving the leg in toward the body: add uction
  - j. turning the head from side to side: roton

# **Unit 5 Muscular System Test Review Answers**

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