

# The Psychodynamic Diagnostic Manual – 2nd edition (PDM-2)

VITTORIO LINGIARDI<sup>1</sup>, NANCY McWILLIAMS<sup>2</sup>

<sup>1</sup>Department of Dynamic and Clinical Psychology, Faculty of Medicine and Psychology, Sapienza University of Rome, Rome, Italy; <sup>2</sup>Graduate School of Applied and Professional Psychology, Rutgers University, Piscataway, NJ, USA

For decades many clinicians, especially psychodynamic and humanistic therapists, have resisted thinking about their patients in terms of categorical diagnoses. In the current era, they find themselves having to choose between reluctantly “accepting” the DSM diagnostic labels, “denying” them, or developing alternatives more consistent with the dimensional, inferential, contextual, biopsychosocial diagnostic formulations characteristic of psychoanalytic and humanistic approaches. The Psychodynamic Diagnostic Manual (PDM) (1) reflects an effort to articulate a psychodynamically-oriented diagnosis that bridges the gap between clinical complexity and the need for empirical and methodological validity. It has been strongly influenced by a similar effort, the Shedler-Westen Assessment Procedure (SWAP-200) (2,3), on which it has drawn extensively. The second edition of the PDM (PDM-2) (4,5) will be published in 2016 by Guilford Press.

The first edition of the PDM, spearheaded by S. Greenspan with help from N. McWilliams and R. Wallerstein, represented the collaborative efforts of members from five sponsoring organizations: the American Psychoanalytic Association, the International Psychoanalytical Association, the Division of Psychoanalysis of the American Psychological Association, the American Academy of Psychoanalysis and Dynamic Psychiatry, and the National Membership Committee on Psychoanalysis in Clinical Social Work. The PDM-2 will be sponsored also by the International Association for Relational Psychoanalysis and Psychotherapy.

The PDM-1 had four major sections: Adult Mental Disorders; Child and Adolescent Mental Health Syndromes; Infant and Early Childhood Disorders; and Conceptual and Empirical Foundations for a Psychodynamically Based Classification System for Mental Health Disorders. Schematically, except when evaluating infants and pre-schoolers (assessed with a specific multi-axial system), clinicians were encouraged to assess the following in all patients: level of personality organization and prevalent personality styles or disorders (Axis P); level of overall mental functioning (Axis M); symptoms and syndromes and the patient's subjective experience of them (Axis S).

The PDM aimed to promote integration between nomothetic understanding and the idiographic knowledge that is useful for individual case formulation and the planning of patient-tailored treatment. In focusing on the full range of mental functioning, it aspired to complement DSM and ICD efforts to catalogue symptoms and syndromes. In the Pocket

Guide to the DSM-5 Diagnostic Exam (6), Nussbaum notes: “ICD-10 is focused on public health, whereas the PDM focuses on the psychological health and distress of a particular person. Several psychoanalytical groups joined together to create PDM as a complement to the descriptive systems of DSM-5 and ICD-10. Like DSM-5, PDM includes dimensions that cut across diagnostic categories, along with a thorough account of personality patterns and disorders. PDM uses the DSM diagnostic categories but includes accounts of the internal experience of a person presenting for treatment” (6, pp. 243-244).

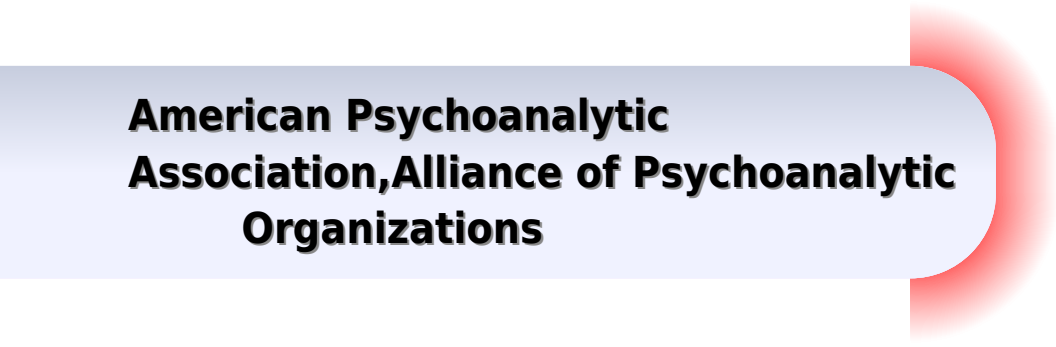
Addressing the discomfort many clinicians have with categorical diagnosis (7), the PDM provided an alternative framework that attempts to “characterize an individual's full range of functioning – the depth as well as the surface of emotional, cognitive and social patterns” (1, p. 1). The PDM explicitly describes itself as a “taxonomy of people” rather than a “taxonomy of diseases”, as an effort to describe “what one is rather than what one has” (1, p. 17). According to Stepansky (8), the exposure of the first edition in the U.S. has been extensive.

In October 2013, the American Psychoanalytic Association noted: “There is a place in the field for classifying patients based on descriptions of symptoms, illness course, and other objective facts. However, as psychoanalysts, we know that each patient is unique. No two people with depression, bereavement, anxiety or any other mental illness or disorder will have the same potentials, needs for treatment or responses to efforts to help. Whether or not one finds great value in the descriptive diagnostic nomenclature exemplified by the DSM-5, psychoanalytic diagnostic assessment is an essential complementary assessment pathway which aims to provide an understanding of each person in depth as a unique and complex individual and should be part of a thorough assessment of every patient. Even for psychiatric disorders with a strong biological basis, psychological factors contribute to the onset, worsening, and expression of illness. Psychological factors also influence how every patient engages in treatment; the quality of the therapeutic alliance has been shown to be the strongest predictor of outcome for illness in all modalities.” ([www.apsa.org](http://www.apsa.org)). It went on to recommend the PDM for this complementary assessment.

In the aftermath of the death of S. Greenspan shortly after the 2006 publication of PDM-1, and the retirement of R. Wallerstein (who died in 2014; the PDM-2 will be

# Psychoanalytic Manual Of Disorders

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## **Psychoanalytic Manual Of Disorders:**

Psychodynamic Diagnostic Manual, Second Edition Vittorio Lingiardi, Nancy McWilliams, 2017-05-22 Now completely revised over 90% new this is the authoritative diagnostic manual grounded in psychodynamic clinical models and theories Explicitly oriented toward case formulation and treatment planning PDM 2 offers practitioners an empirically based clinically useful alternative or supplement to DSM and ICD categorical diagnoses Leading international authorities systematically address personality functioning and psychological problems of infancy childhood adolescence adulthood and old age including clear conceptualizations and illustrative case examples Purchasers get access to a companion website where they can find additional case illustrations and download and print five reproducible PDM derived rating scales in a convenient 8 1/2 x 11 size New to This Edition Significant revisions to all chapters reflecting a decade of clinical empirical and methodological advances Chapter with extended case illustrations including complete PDM profiles Separate section on older adults the first classification system with a geriatric section Extensive treatment of psychotic conditions and the psychotic level of personality organization Greater attention to issues of culture and diversity and to both the clinician's and patient's subjectivity Chapter on recommended assessment instruments plus reproducible downloadable diagnostic tools In depth comparisons to DSM 5 and ICD 10 CM throughout Sponsoring associations include the International Psychoanalytical Association Division 39 of the American Psychological Association the American Psychoanalytic Association the International Association for Relational Psychoanalysis Psychotherapy the American Association for Psychoanalysis in Clinical Social Work and five other organizations *Psychodynamic Diagnostic Manual (PDM)* American Psychoanalytic Association, Alliance of Psychoanalytic Organizations, 2006 This manual is based on current neuroscience and treatment outcome studies that demonstrate the importance of focusing on the full range and depth of emotional and social functioning Beginning with a classification of the spectrum of personality patterns and disorders found in individuals and then describing a profile of mental functioning that permits a clinician to look in detail at each of the patient's capacities the entries include a description of the patient's symptoms with a focus on the patient's internal experiences as well as surface behaviors Intended to expand on the DSM Diagnostic and Statistical Manual of Mental Disorders and ICD International Statistical Classification of Diseases and Related Health Problems efforts in cataloging the symptoms and behaviors of mental health patients this manual opens the door to a fuller understanding of the functioning of the mind brain and their development *Handbook of Dynamic Psychotherapy for Higher Level Personality Pathology* Eve Caligor, Otto F. Kernberg, John F. Clarkin, 2007-04-02 Offering a sophisticated introduction to a contemporary psychodynamic model of the mind and treatment this book provides an approach to understanding and treating higher level personality pathology It describes a specific form of treatment called dynamic psychotherapy for higher level personality pathology DPHP which was designed specifically to treat the rigidity that characterizes that condition Based on psychodynamic object relations theory DPHP is an outgrowth of transference focused

psychotherapy TFP and is part of an integrated approach to psychodynamic treatment of personality pathology across the spectrum of severity from higher level personality pathology described in this volume to severe personality pathology described in a companion volume Psychotherapy for Borderline Personality Focusing on Object Relations Together they provide a comprehensive description of an object relations theory based approach to treatment of personality disorders embedded in an integrated model of personality As a guide to treatment Handbook of Dynamic Psychotherapy for Higher Level Personality Pathology provides a clear specific and comprehensive description of how to practice DPHP from beginning to end presented in jargon free exposition using extensive clinical illustrations The authors offer a comprehensive description of psychodynamic consultation that includes sharing the diagnostic impression establishing treatment goals discussing treatment options obtaining informed consent and establishing treatment frame Throughout the book emphasizes fundamental clinical principles that enable the clinician to think through clinical decisions moment to moment and also to develop an overall sense of the trajectory and goals of the treatment Among the book s benefits Takes a diagnosis driven approach presenting a clear model of both the psychopathology and its treatment Explains underlying theory and basic elements of DPHP for those first learning dynamic therapy Offers an integrated innovative synthesis of contemporary psychodynamic approaches to personality pathology and psychodynamic psychotherapy Describes goals strategies tactics and techniques of the treatment to demonstrate its flexibility over a relatively long course of treatment Provides sophisticated discussion of integrating dynamic psychotherapy with medication management and other forms of treatment DPHP offers a broad range of patients the opportunity to modify maladaptive personality functioning in ways that can permanently enhance their quality of life Handbook of Dynamic Psychotherapy for Higher Level Personality Pathology provides experienced clinicians with a hands on approach to that method and is also useful as a primary textbook in courses focusing on the technique of dynamic psychotherapy or in courses on psychodynamics

**Clinical Handbook of Psychological Disorders, Fourth Edition** David H. Barlow, 2007-11-15 With over 75 000 copies sold this clinical guide and widely adopted text presents authoritative guidelines for treating frequently encountered adult disorders The Handbook is unique in its focus on evidence based practice and its attention to the most pressing question asked by students and practitioners How do I do it Leading clinical researchers provide essential background knowledge on each problem describe the conceptual and empirical bases of their respective approaches and illustrate the nuts and bolts of evidence based assessment and intervention

**Psychodynamic Diagnostic Manual, Second Edition** Vittorio Linggiardi, Nancy McWilliams, 2017-06-20 Now completely revised over 90% new this is the authoritative diagnostic manual grounded in psychodynamic clinical models and theories Explicitly oriented toward case formulation and treatment planning PDM 2 offers practitioners an empirically based clinically useful alternative or supplement to DSM and ICD categorical diagnoses Leading international authorities systematically address personality functioning and psychological problems of infancy childhood

adolescence adulthood and old age including clear conceptualizations and illustrative case examples Purchasers get access to a companion website where they can find additional case illustrations and download and print five reproducible PDM derived rating scales in a convenient 8 1/2 x 11 size New to This Edition Significant revisions to all chapters reflecting a decade of clinical empirical and methodological advances Chapter with extended case illustrations including complete PDM profiles Separate section on older adults the first classification system with a geriatric section Extensive treatment of psychotic conditions and the psychotic level of personality organization Greater attention to issues of culture and diversity and to both the clinician s and patient s subjectivity Chapter on recommended assessment instruments plus reproducible downloadable diagnostic tools In depth comparisons to DSM 5 and ICD 10 CM throughout Sponsoring associations include the International Psychoanalytical Association Division 39 of the American Psychological Association the American Psychoanalytic Association the International Association for Relational Psychoanalysis Psychotherapy the American Association for Psychoanalysis in Clinical Social Work and five other organizations

**Handbook of Psychodynamic Approaches to Psychopathology**

Patrick Luyten,Linda C. Mayes,Peter Fonagy,Sidney J. Blatt,Mary Target,2017-05-04 Authoritative and comprehensive this volume provides a contemporary psychodynamic perspective on frequently encountered psychological disorders in adults children and adolescents Leading international authorities review the growing evidence base for psychoanalytic theories and therapeutic models Chapters examine the etiology and psychological mechanisms of each disorder and thoroughly describe effective treatment strategies Highly accessible the book is richly illustrated with clinical case material It demonstrates ways in which psychodynamic theory and therapy are enhanced by integrating ideas and findings from neuroscience social and personality psychology cognitive behavioral therapy and other fields Winner Goethe Award for Psychoanalytic and Psychodynamic Scholarship

The Oxford Handbook of Personality Disorders Thomas Widiger,2012-09-27 This text

provides a summary of the latest information concerning the diagnosis assessment construct validity etiology pathology and treatment of personality disorders It brings together leading scholars researchers and clinicians from a wide variety of theoretical perspectives emphasizing in each case extent of empirical support

**Handbook of Diagnosis and Treatment of DSM-5 Personality Disorders** Len Sperry,2016-05-12 Since the publication of the acclaimed second edition of Handbook

of Diagnosis and Treatment of DSM IV TR Personality Disorders much has changed in how the personality disorders are understood and treated However like its previous editions this new edition is a hands on manual of the most current and effective evidence based assessment and treatment interventions for these challenging disorders The beginning chapters describes several cutting edge trends in the diagnosis case conceptualization and treatment of them Then specific chapters focus on evidence based diagnosis and treatment interventions for each of the 10 DSM 5 personality disorders Emphasized are the most recent developments from Cognitive Behavior Therapies Dialectical Behavior Therapy Cognitive Behavior Analysis System of Psychotherapy Pattern Focused Psychotherapy Mindfulness Schema Therapy Transference Focused

Psychotherapy and Mentalization Based Treatment As in previous editions extensive case material is used to illustrate key points of diagnosis and treatment

**Handbook of Interpersonal Psychoanalysis** Marylou Lionells, John Fiscalini, 2014-10-14 A decade in the making the Handbook is the definitive contemporary exposition of interpersonal psychoanalysis It provides an authoritative overview of development psychopathology and treatment as conceptualized from the interpersonal viewpoint

*Comprehensive Handbook of Psychotherapy, Psychodynamic / Object Relations* Jeffrey J. Magnavita, 2002-10-15 Now available in paperback In this volume different approaches to Psychodynamic Object Relations approaches are examined It covers the important issues in the field with topics ranging from psychodynamic psychotherapy with undergraduate and graduate students to a relational feminist psychodynamic approach to sexual desire to psychodynamic object relations group therapy with schizophrenic patients

**Psychodynamic Psychotherapy for Personality Disorders** John F. Clarkin, 2010 This book includes the work of 22 contributing writers in addition to the three primary authors John F Clarkin Ph D Peter Fonagy Ph D and Glen O Gabbard M D Each contributor has extensive clinical experience and some also have research experience with the assessment and treatment of specific personality disorders

*Handbook of Contemporary Psychotherapy* William O'Donohue, Steven R. Graybar, 2009 Handbook of Contemporary Psychotherapy explores a wide range of constructs not captured in the DSM or traditional research but that play important roles in psychotherapy cases To provide readers with a tool bag of practical techniques they can use in these cases editors William O Donohue and Steven R Graybar present chapters written by leading clinical authorities on such topics as the process of change in psychotherapy attachment and terror management projective identification terminating psychotherapy therapeutically shame and its many ramifications for clients dream work boundaries forgiveness the repressed and recovered memory debate and many others

*Clinical Handbook of Anxiety Disorders* Eric Bui, Meredith E. Charney, Amanda W. Baker, 2019-12-30 This book is designed to present a state of the art approach to the assessment and management of anxiety disorders This text introduces and reviews the theoretical background underlying anxiety and stress psychopathology addresses the issues faced by clinicians who assess individuals presenting with anxiety in different contexts and reviews the management of and varied treatment approaches for individuals with anxiety disorders Written by experts in the field the book includes the most common demographics and challenges for physicians treating anxiety including disorders in children aging patients personality disorders drug and non drug treatment options as well as anxiety in comorbid patients Clinical Handbook of Anxiety Disorders is a valuable resource for psychiatrists psychologists students counselors psychiatric nurses social workers and all medical professionals working with patients struggling with anxiety and stress related conditions

Handbook of Evidence-Based Psychodynamic Psychotherapy Raymond A. Levy, J. Stuart Ablon, 2008-09-20 The importance of conducting empirical research for the future of psychodynamics is presented in this excellent new volume In Handbook of Evidence Based Psychodynamic Psychotherapy Bridging the Gap Between Science and Practice the editors provide evidence

that supports this type of research for two primary reasons The first reason concerns the current marginalization of psychodynamic work within the mental health field Sound empirical research has the potential to affirm the important role that psychodynamic theory and treatment have in modern psychiatry and psychology The second reason that research is crucial to the future of psychodynamic work concerns the role that systematic empirical investigations can have in developing and refining effective approaches to a variety of clinical problems Empirical research functions as a check on subjectivity and theoretical alliances in on going attempts to determine the approaches most helpful in working with patients clinically Handbook of Evidence Based Psychodynamic Psychotherapy Bridging the Gap Between Science and Practice brings together a panel of distinguished clinician researchers who have been publishing their findings for decades This important new book provides compelling evidence that psychodynamic psychotherapy is an effective treatment for many common psychological problems

**Conduct Disorders in Children and Adolescents** G. Pirooz Sholevar,1995 Conduct disorder is the most prevalent emotional disorder in children and adolescents and therefore requires special attention from clinicians Conduct Disorders in Children and Adolescents is first in providing a comprehensive and balanced view of this field It addresses the biological psychological and interpersonal aspects of aggressive behavior and conduct disorders and includes the most current clinical research Conduct Disorders in Children and Adolescents first examines the phenomenology etiology and diagnosis of conduct disorders then describes therapeutic and preventive interventions It covers the range of treatments now available including individual family group and behavior therapy hospitalization and residential treatment Special chapters address the new therapeutic interventions of pharmacotherapy and parent management training

**On Being Normal and Other Disorders** Paul Verhaeghe,2020-06-16 The central argument of On Being Normal and Other Disorders is that psychic identity is acquired through one s primary intersubjective relationships Thus the diagnosis of potential pathologies must also be founded on this relation Given that the efficacy of all forms of treatment depends upon the therapeutic relation a diagnostic of this sort has wide ranging applications The author s critical evaluation of the contemporary DSM diagnostic shows that the lack of reference to and governing metapsychology impinges on the therapeutic value of the DSM categories In response to this problem the author sketches out the foundations of such a metapsychology by combining a Freudo Lacanian approach with contemporary empirical research Close attention is paid to the processes of identity acquisition to show how the self and the Other are not two separate entities Rather subject formation is seen as a process in which both the subject s and the Other s identity as well as the relationship between them comes into being

**Oxford Textbook of Psychotherapy** Glen O. Gabbard,Judith S. Beck,Jeremy Holmes,2007 With the publication of this book psychotherapy finally arrives at the mainstream of mental health practice This volume is an essential companion for every practising psychiatrist clinical psychologist psychotherapy counsellor mental health nurse psychotherapist and mental health practitioner It is integrative in spirit with chapters written by an international panel of

experts who combine theory and research with practical treatment guidelines and illustrative case examples to produce an invaluable book Part One gives a comprehensive account of all the major psychotherapeutic approaches Parts Two and Three systematically describe psychotherapeutic approaches to the major psychiatric disorders and personality disorders Many chapters are multi authored and describe the psychodynamic cognitive behavioural and other approaches for treating these illnesses Part Four examines applications and modifications of psychotherapy across the lifecycle Part Five describes psychotherapy with specific populations such as medical patients and those where gender is an issue and finally Part Six tackles some of the special topics of concern to psychotherapists including ethics legal issues and psychotherapy and neuroscience The first of its kind this is a must have volume for all trainee and practising psychological therapists whatever their background psychiatry psychology social work or nursing

**Handbook of Effective Psychotherapy** Thomas R. Giles, 2012-12-06 Handbook of Effective Psychotherapy is the culmination of 15 years of personal interest in the area of psychotherapy outcome research In my view this is one of the most interesting and crucial areas in the field it has relevance across disparate clinical disciplines and orientations it provides a measure of how far the field has progressed in its efforts to improve the effectiveness of psychotherapeutic intervention and it provides an ongoing measure of how readily clinicians adapt to scientific indications in state of the art care Regrettably as several of the chapters in this volume indicate there is a vast chasm between what is known about the best available treatments and what is applied as the usual standard of care On the most basic level there appears to be a significant number of clinicians who remain reluctant to acknowledge that scientific study can add to their ability to aid the emotionally distressed I hope that this handbook with its many delineations of empirically supported treatments will do something to remedy this state of affairs

*The American Psychiatric Publishing Textbook of Personality Disorders* John M. Oldham, Andrew E. Skodol, Donna S. Bender, 2014-05-05 This new edition of The American Psychiatric Publishing Textbook of Personality Disorders has been thoroughly reorganized and updated to reflect new findings expanded treatment options and considerations and future directions such as translational research enhancing the text's utility while maintaining its reputation as the foremost reference and clinical guide on the subject In four exhaustive and enlightening sections the book covers basic concepts of personality disorders etiology clinical assessment diagnosis and treatment and it addresses special issues that may arise with specific populations or settings In addition the text offers many features and benefits Several chapters describe the intense efforts to identify the scientifically strongest and clinically relevant approaches to conceptualizing and enumerating personality traits and pathology The book does not sidestep ongoing controversies over classification but addresses them head on by including chapters by experts with competing perspectives The hybrid dimensional categorical alternative model of classification for personality disorders included in the DSM 5 is included in an appendix and thoroughly referenced throughout the volume and discussed in detail in several chapters Coverage of current research is up to date and extensive Longitudinal naturalistic studies which have shown



surprising patterns of improvement in patients with selected personality disorders as well as new and more rigorous treatment studies have yielded critical findings in recent years all of which are thoroughly addressed Dozens of vivid and detailed case examples are included to illustrate diagnostic and treatment concepts The editors have selected a roster of contributors second to none and the text has been scrupulously edited for consistency of language tone and coverage As clinical populations become better defined new and more rigorous treatment studies are being conducted with increasingly promising results The American Psychiatric Publishing Textbook of Personality Disorders offers clinicians residents and trainees in all disciplines a front row seat for the latest findings and clinical innovations in this burgeoning field

**Textbook of Psychoanalysis, Third Edition** Glen O. Gabbard, M.D., Bonnie E. Litowitz, Ph.D., Paul Williams, Ph.D., 2024-07-05

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