# **SOAP Note for Physical Therapy Template**

#### Patient Information

First Name: James

DoB: 05/08/1990

Surname: Wilson

Date: 10/07/2022

#### Subjective

James has had difficulty sleeping on his right side because of right shoulder pain. He said it is a 3/10 pain along the right bicep and up to the trapezius muscle. He finds it hard to reach behind his back or lift his arm above his head.

#### Objective

James is alert and in no acute distress. He is tender over the soft tissue of the right shoulder. Decreased range of motion. No swelling or ecchymosis. No deformity. Motor is intact.

#### Assessment

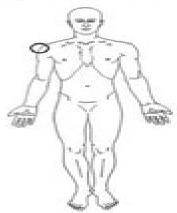
Biceps tendinitis, right shoulder.

Right shoulder x-ray reviewed by Dr. Jane Smith is negative.

#### Plan

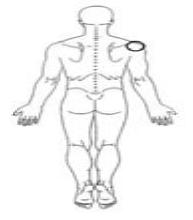
James declined narcotic pain medication. James will ice his shoulder and lightly stretch twice daily. Recheck in 7 days, sooner if symptoms worsen.

#### Symptom Analysis



- × Adhesion
- C Rotation
- O Pain
- Tender Joint
  - Hypertonicity

Additional Notes



- == Spasm
- O Inflammation
- 9 Trigger Point
- / Elevation

# **Ptsd Progress Notes Soap Example**

Mia Erickson, Rebecca McKnight

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Musculoskeletal Trauma Gary Delforge, 2002 A foundation book on sports injury management with application to musculoskeletal injuries representing primary clinical concerns for clinicians dealing with sports injuries It focuses on planning a sequential treatment program for soft tissue injuries and fractures *The OTA's Guide to Writing SOAP Notes* Sherry Borcherding, Marie J. Morreale, 2007 Written specifically for occupational therapy assistants The OTA's Guide to Writing SOAP Notes Second Edition is updated to include new features and information This valuable text contains the step by step instruction needed to learn the documentation required for reimbursement in occupational therapy With the current changes in healthcare proper documentation of client care is essential to meeting legal and ethical standards for reimbursement of services Written in an easy to read format this new edition by Sherry Borcherding and Marie I Morreale will continue to aid occupational therapy assistants in learning to write SOAP notes that will be reimbursable under Medicare Part B and managed care for different areas of clinical practice New Features in the Second Edition Incorporated throughout the text is the Occupational Therapy Practice Framework along with updated AOTA documents More examples of pediatrics hand therapy and mental health Updated and additional worksheets Review of grammar documentation mistakes Worksheets for deciphering physician orders as well as expanded worksheets for medical abbreviations Updated information on billing codes HIPAA management of health information medical records and electronic documentation Expanded information on the OT process for the OTA to fully understand documentation and the OTA s role in all stages of treatment including referral evaluation intervention plan and discharge Documentation of physical agent modalities With reorganized and shorter chapters The OTA's Guide to Writing SOAP Notes Second Edition is the essential text to providing instruction in writing SOAP notes specifically aimed at the OTA practitioner and student This exceptional edition offers both the necessary instruction and multiple opportunities to practice as skills are built on each other in a logical manner Templates are provided for beginning students to use in formatting SOAP notes and the task of documentation is broken down into small units to make learning easier A detachable summary sheet is included that can be pulled out and carried to clinical sites as a reminder of the necessary contents for a SOAP note Updated information expanded discussions and reorganized learning tools make The OTA's Guide to Writing SOAP Notes Second Edition a must have for all occupational therapy assistant students This text is the essential resource needed to master professional documentation skills in today s healthcare environment The OTA's Guide to Documentation Marie Morreale, 2024-06-01 The bestselling newly updated occupational therapy assistant OTA textbook The OTA's Guide to Documentation Writing SOAP Notes Fifth Edition explains the critical skill of documentation while offering multiple opportunities for OTA students to practice documentation through learning activities worksheets and bonus videos The Fifth Edition contains step by step instruction on occupational therapy documentation and the legal ethical and professional documentation standards required for clinical practice and

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professionals classify individuals functionality to better meet the needs of clients **Practicum and Internship Experiences in Counseling** Bradley T. Erford, 2023-03-24 This ready to use resource provides the practical information and hands on skills interns and practicum students need to successfully complete their clinical experiences and join the counseling profession with confidence Designed to accompany students as they advance through practicum and internship Practicum and Internship Experiences in Counseling helps bridge the gap from theory to practice It covers the day to day elements of practice in agencies and schools that are often missing from the theory based courses Chapters are packed with case examples activities voices from the field and self assessments including tools for assessing and addressing ethnocentrism intersectionality and bias in counseling practice. This resource orients clinical students to the field while providing them with the day to day skills they need to thrive Special focus on Expectations and how to get the most out of the supervision process Assessment and intervention with clients in danger and crisis Wellness and developing healthy work and personal habits to carry through one s entire career Readers see clearly how to Apply the laws and ethics in everyday clinical practice Work with special issues neuropsych and psychopharmacology and populations Market and position oneself in the job market with an eye toward growing marketing a counseling practice after graduation Included in each chapter Several self assessment activities encouraging self reflection and self assessment on the concepts of the chapter Voices from the field features providing firsthand in the trenches perspectives from counselors who have been there and done that Realistic case examples challenging readers to apply knowledge and skills to realistic cases they are likely to encounter in the field Included are separate chapters on Relationship building Goal setting Record keeping The integration of theory into practice

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