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# SAFETY & HEALTH MANUAL

## PROGRAM GUIDE



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# Safety And Health Program Manual

**CL Gary**



## **Safety And Health Program Manual:**

**Manuals Combined: NAVY SAFETY AND OCCUPATIONAL HEALTH PROGRAM MANUAL & MARINE CORPS OCCUPATIONAL SAFETY AND HEALTH (OSH) PROGRAM MANUAL** , 1 Purpose To implement policy changes recommended by the Naval Inspector General NAVINSGEN to Office of the Chief of Naval Operations Special Assistant for Safety Matters OPNAV N09F and to define and outline the conduct and reporting of the self assessment process for safety and occupational health SOH programs 1 PURPOSE The Marine Corps Occupational Safety and Health OSH Program Manual promulgates the requirements and establishes procedures to implement the reference 2 INFORMATION This Manual and all references provide the requirements and guidance for commanders and Marine Corps OSH Program professionals to identify and manage risk maintain safe and healthful operational environments and meet the Mission Essential Task List METL requirements 3 SCOPE This Manual is applicable to all Marine Corps activities including nonappropriated fund activities and operations that are under the sponsorship of the Marine Corps Community Services MCCA Director or unit MCCA officers for the purposes of morale welfare and recreation This Manual shall also apply to activities that are involved in the acquisition operation sponsorship or maintenance of all facilities activities and programs CMC SD will provide guidance upon request for program responsibilities on contractors e g public private venture etc 4 EFFECTIVE DATE This Manual is effective the date signed Prior to implementation of this Manual activities must where applicable discharge their labor relation s obligations Assistance and guidance may be obtained from CMC MPC DISTRIBUTION STATEMENT A Approved for public release distribution is unlimited **NAVOSH Training Guide for Forces Afloat** ,1991 Construction Safety and Loss Control Program Manual Andrew Civitello, Jr.,1998-03-26 As an immediately useful ready for adaption model this manual is a valuable tool for contractors and subcontractors in the construction industry implementing the overwhelming OSHA requirements Successfully utilized in the field the Manual can be customized to accomodate all areas of construction Construction Safety and Loss Control Program Manual is topically organized for easy access to essential information provides interpretations of the generic OSHA requirements specifically suited to the construction industry offers checklists summaries and step by step directions for implementation of the requirements Liability for every construction company no matter how large or small is enormous The Manual packed with valuable applicable and useable information is just the tool necessary to minimize a company s liability and improve safety programs and employee awareness Manuals Combined: U.S. Navy ELECTRONICS TECHNICIAN, VOLUMES 01 - 08 , Over 1 300 total pages 14086A Electronics Technician Volume 1 Safety and Administration This is the first volume in the ET Training Series Covers causes and prevention of mishaps handling of hazardous materials identifies the effects of electrical shock purpose of the tag out bill and personnel responsibilities documents and procedures associated with tag out and identifies primary safety equipment associated with ET work Provides an overview of general and technical administration and logistics Included are descriptions of forms and procedures included

in the Maintenance Data System MDS and publications that should be included in a ship's technical library Also included is a basic description of the Naval Supply System and COSAL This volume combines the previous ET volumes 1 2 and has been updated 14087 ELECTRONICS TECHNICIAN VOLUME 02 ADMINISTRATION OBSOLETE no further enrollments allowed Provides an overview of general and technical administration and logistics Included are descriptions of forms and procedures included in the Maintenance Data System MDS and publications that should be included in a ship's technical library Also included is a basic description of the Naval Supply System and COSAL 14088 ELECTRONICS TECHNICIAN VOLUME 03 COMMUNICATIONS SYSTEMS Provides operations related information on Navy communications systems including SAS TEMPEST satellite communications Links 11 4 A and 16 the C2P system and a basic introduction to local area networks LANs 14089 ELECTRONICS TECHNICIAN VOLUME 04 RADAR SYSTEMS Provides a basic introduction to air search surface search ground controlled approach and carrier controlled approach RADAR systems Included are basic terms associated with RADAR systems descriptions of equipment that compose the common systems descriptions of RADAR interfacing procedures and equipment and primary radar safety topics 14090 ELECTRONICS TECHNICIAN VOLUME 05 NAVIGATION SYSTEMS Introduces the primary navigation systems used by U S Navy surface vessels It provides a basic introduction to and explanation of the Ship's Inertial Navigation System SINS the U S Navy Navigation Satellite System NNSS and the NAVSTAR Global Positioning System GPS and associated equipment It then provides an introduction to and explanation of the Tactical Air Navigation system TACAN and its associated equipment The information provided is written at an introductory level and is not intended to be used by technicians for diagnoses or repairs 14091 ELECTRONICS TECHNICIAN VOLUME 06 DIGITAL DATA SYSTEMS Covers the following subject matter on computers and peripherals fundamentals and operations configurations and hardware operator controls and controlling units components and circuits central processing units and buses memories input output and interfacing instructions and man machine interfaces magnetic tape storage magnetic disk storage CD ROM storage printers data conversion devices and switchboards 14092 ELECTRONICS TECHNICIAN VOLUME 07 ANTENNAS AND WAVE PROPAGATION Covers a basic introduction to antennas and wave propagation It includes discussions about the effects of the atmosphere on rf communications the various types of communications and radar antennas in use today and a basic discussion of transmission lines and waveguide theory 14093 ELECTRONICS TECHNICIAN VOLUME 08 SUPPORT SYSTEMS Provides a basic introduction to support systems liquid cooling dry air ac power distribution ship's input and information transfer It includes discussions on configuration operation and maintenance of these systems

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