



**The Center for Physical Rehabilitation - Greenville**  
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## Functional Progress Note

<b>Client:</b>	Jane Q Tees	<b>Date of Birth:</b>	11/16/1970
<b>Gender:</b>	Female	<b>Visit Date:</b>	11/2/2019
<b>Diagnosis:</b>	S/P Left radial/Ulnar Fracture	<b>Employer:</b>	ABC, Inc.
<b>Referring Physician:</b>	Joseph Smith, D.O.	<b>Occupation:</b>	Truck Driver
<b>Work Status:</b>	Off of Work	<b>Job Title:</b>	Truck Driver
		<b>Date of Injury:</b>	7/5/2019
		<b>Surgery Date(s):</b>	7/6/2019
		<b>Evaluator:</b>	John Sample, MS, OTR/L

### Results

#### Material Handling Abilities

- Bilateral Lifting: 20 pounds
- Bilateral Carrying: 15 pounds
- Bilateral Shoulder Lifting: 5 pounds
- Pushing: 20 horizontal force pounds

#### Functional Abilities to Job Demands Match

This client had a Workers Compensation Initial Therapy Evaluation performed on 10/25/2019 and at this time he/she demonstrated the ability to perform 9.1% of physical demands of his/her job. This Functional Progress Note was performed on 11/2/2019 and this client demonstrated the ability to perform 45.9% of the physical demands of their job as a Truck Driver. This is a 36.8% increase in return-to-work function since the previous return-to-work test was performed. The return to work test items this client was unable to achieve successfully during this evaluation include: Occasional Squat Lifting, Occasional Shoulder Lifting, Occasional Unilateral Lifting, Occasional Bilateral Carrying, Occasional Unilateral Carrying, Occasional Pushing, Simple Grasping, Firm Grasping and Crawling.

#### Rehabilitation Recommendations

Per physician approval, client would benefit from continued participation in skilled outpatient occupational therapy, 3 times per week for 4 weeks to continue functional return to work improvement.

- ☐ Begin Work Hardening/Conditioning WH/WC Start Date \_\_\_\_\_
- ☐ Alter Program as follows: \_\_\_\_\_

Physician Signature \_\_\_\_\_ Date \_\_\_\_\_

#### Job Demands Match Table

	Abilities from 10/25/2019 Assessment	Abilities from 11/2/2019 Assessment	Physical Demands Gathered From	Job Demand Match?
<b>Material Handling</b>				
Occasional Squat Lift	5 Pounds	20 Pounds	75 Pounds	No
Occasional Power Lift	5 Pounds	Not Tested		
Occasional Shoulder Lift	5 Pounds	5 Pounds	50 Pounds	No
Occasional Overhead Lift	0 Pounds	Not Tested		
Occasional Unilateral Lift	Not Tested	10 Pounds	25 Pounds	No
Occasional Bilateral Carry	5 Pounds	15 Pounds	75 Pounds	No
Occasional Unilateral Carry	Not Tested	10 Pounds	25 Pounds	No
Occasional Pushing	5 HFP	20 HFP	40 HFP	No
Occasional Pulling	5 HFP	Not Tested		
<b>Upper Extremity</b>				
Fine Coordination	Not Tested	Occasional	Occasional	Yes
Simple Grasping	Occasional	Frequent	Constant	No
Firm Grasping	Avoid	Occasional	Frequent	No

# Physical Therapy Progress Notes Sample Kinnser

**IM Harris**



## **Physical Therapy Progress Notes Sample Kinnser:**

**The Principles and Practice of Yoga in Health Care, Second Edition** Sat Bir Khalsa, Lorenzo Cohen, Timothy McCall, Shirley Telles, Holger Cramer, 2024-10-21 This fully updated compendium of research history scientific theory and practice amalgamates various evidence based research findings and their practical implications for professionals who use yoga or refer patients to yoga practice Chapters cover the implementation of yoga for various illnesses and conditions from paediatrics to geriatrics The expanded second edition includes updated contributions from leading biomedical researchers and therapists brand new research on telemedicine chronic pain and mental health conditions and a new chapter specifically on the implementation of yoga therapy in medical systems and healthcare with a focus on international perspectives and public perceptions Contents Section 1 Introduction to Yoga and Yoga Therapy Introduction to Yoga in Healthcare History Philosophy and Practice of Yoga History Philosophy and Practice of Yoga Therapy The Psychophysiology of Yoga Section 2 Mental Health Conditions Yoga Therapy for Depression Yoga Therapy for Anxiety OCD and Trauma Yoga Therapy for other Mental Health Conditions Section 3 Musculoskeletal and Neurological Conditions Yoga Therapy for Back Conditions Yoga Therapy for Musculoskeletal and Neuromuscular Conditions Yoga Therapy for Neurological Conditions Section 4 Endocrine Conditions Yoga Therapy for Diabetes Yoga Therapy for Metabolic Syndrome and Weight Control Section 5 Cardiorespiratory Conditions Yoga Therapy for Heart Disease Yoga Therapy for Hypertension Yoga Therapy for Respiratory Conditions Section 6 Cancer Yoga Therapy during Cancer Treatment Yoga for Cancer Survivors Section 7 Special Populations Yoga Therapy for Pediatrics Yoga Therapy for Geriatrics Yoga Therapy for Obstetrics and Gynecology Yoga for Prevention and Wellness Section 8 Practical and Future Considerations Implementation of Yoga Therapy Integrating Yoga Therapy into Health Care Systems Future Directions in Research and Clinical Care Mental and Emotional Healing Through Yoga Ghada Osman, 2018-09-03 Mental and Emotional Healing Through Yoga combines key research on the intersection of yoga and mental health with a client centered step by step framework that can be applied to a range of complex mental and emotional disorders The book guides readers through the initial intake of the first client session and the development of subsequent sessions providing case examples from the author s practice to show how yoga s mind body connection facilitates recuperation and healing While well grounded in research and case studies the book is also highly readable making it accessible to professionals such as psychotherapists and yoga therapists as well as individuals and families struggling with mental health issues **Choice** ,1996 Government Reports Announcements & Index ,1987-04 *Forthcoming Books* Rose Army, 2002 **Books in Print Supplement** ,2002 **Documentation for Rehabilitation** Lori Quinn, James Gordon, 2015-12-11 Better patient management starts with better documentation Documentation for Rehabilitation A Guide to Clinical Decision Making in Physical Therapy 3rd Edition shows how to accurately document treatment progress and patient outcomes Designed for use by rehabilitation professionals documentation guidelines are easily adaptable to different

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**Documentation for Physical Therapy Professionals, Second Edition** Eric Shamus, Debra F. Stern, 2011-05-09

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Documentation for Rehabilitation Lori Quinn, James Gordon, 2024-06-12 Better patient management starts with better documentation Documentation for Rehabilitation 4th Edition demonstrates how to accurately document treatment progress and patient outcomes using a framework for clinical reasoning based on the International Classification for Functioning Disability and Health ICF model adopted by the American Physical Therapy Association APTA The documentation guidelines in this practical resource are easily adaptable to different practice settings and patient populations in physical therapy and physical therapy assisting Realistic examples and practice exercises reinforce the understanding and application of concepts improving skills in both documentation and clinical reasoning Workbook textbook format with examples and exercises in each chapter helps reinforce understanding of concepts Coverage of practice settings

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Physical Therapy Documentation Mia Erickson, Ralph Utzman, Rebecca McKnight, 2024-06-01 Newly updated and revised Physical Therapy Documentation From Examination to Outcome Third Edition provides physical therapy students educators and clinicians with essential information on documentation for contemporary physical therapy practice Complete and accurate documentation is one of the most essential skills for physical therapists In this text authors Mia L Erickson Rebecca McKnight and Ralph Utzman teach the knowledge and skills necessary for correct documentation of physical therapy services provide guidance for readers in their ethical responsibility to quality record keeping and deliver the mechanics of note writing in a friendly approachable tone Featuring the most up to date information on proper documentation and using the International Classification of Functioning Disabilities and Health ICF model as a foundation for terminology the Third Edition includes expanded examples across a variety of practice settings as well as new chapters on Health informatics Electronic medical records Rules governing paper and electronic records Billing coding and outcomes measures Included with the text are online supplemental materials for faculty use in the classroom An invaluable reference in keeping with basic documentation structure Physical Therapy Documentation From Examination to Outcome Third Edition is a necessity for both new and seasoned physical therapy practitioners

**Physical Therapy Draft Notes for Documentation** Dave Easy, 2021-06-19 Physical Therapy DRAFT NOTES for Documentation of Initial Evaluation and Progress Notes 50 page 6x9 inches SOAP format Perfect for homecare and orthopedic physical therapists for writing draft notes before entering them in an electronic medical records EMR

*Effective Documentation for Physical Therapy Professionals* Eric Shamus, Debra Feingold Stern, 2004 This is a comprehensive textbook for the documentation course required in all Physical Therapy programs The textbook incorporates current APTA terminology and covers every aspect of documentation including reimbursement and billing coding legal issues PT and PTA communication as well as utilization review and quality assurance Midwest

**Documenting Functional Outcomes in Physical Therapy** Darlene L. Stewart, Susan H. Abeln, 1993 No matter where you work as a PT you must know how to document your services Proper documentation is essential because the majority of payment for PT services comes from third party payors and proper

documentation promotes quality care Count on this vital resource for all the information you need to document your work effectively Case studies clearly demonstrate both appropriate and poor documentation Practical tips help you expedite the claims process and guarantee a successful outcome

**Documentation Basics for the Physical Therapist Assistant** Mia Erickson, Rebecca McKnight, 2024-06-01 Complete and accurate documentation is one of the most important skills for a physical therapist assistant to develop and use effectively The new Third Edition of Documentation Basics for the Physical Therapist Assistant continues the path of teaching the student and clinician documentation from A to Z Mia Erickson and Rebecca McKnight have updated this Third Edition to reflect changes in the ever evolving profession Newly addressed are the changes in documentation requirements for major payers changes in the disablement models used and the increasingly common use of electronic documentation in the physical therapy profession Features inside the Third Edition Readers are encouraged to think about disablement and disablement concepts when writing notes How to document impairments in body structure and function but more importantly activity limitations and participation restriction Descriptions of the differences in documentation methods using a computer vs paper chart Evidence tied to benefits and challenges of computerized documentation Documenting the rationale for treatment and the unique skills of the physical therapist assistant in patient management New inside the Third Edition Incorporation of the International Classification of Functioning Disability and Health disablement model Chapter on electronic documentation Screenshot examples of the popular WebPT electronic medical record platform Updated chapters on reimbursement and legal issues Additional examples for student practice included in each chapter Included with the text are online supplemental materials for faculty use in the classroom

Documentation Basics for the Physical Therapist Assistant Third Edition is the perfect guide for all physical therapist assistant students and clinicians who want to update and refine their knowledge and skills in documentation

Fundamentals of the Physical Therapy Examination Jones & Bartlett Learning, LLC, 2017-02-10

**Fundamentals of the Physical Therapy Examination: Patient Interview and Tests & Measures** Stacie J. Fruth, 2013-02-14 Fundamentals of the Physical Therapy Examination Patient Interview and Tests Measures introduces physical therapy students to essential screening and examination techniques that form the foundation of their practice across all body systems It then builds on the foundational knowledge and helps students develop clinical decision making skills Experienced clinicians make numerous and rapid decisions about what questions to ask during a patient interview what systems need to be screened for problems that lie outside the scope of physical therapy and what tests and measures must be performed during an initial patient examination Physical therapy students and some new graduates often struggle with this decision making process and answering the why questions This text provides the reader with fundamental step by step approach to the subjective and objective portions of the examination process for a broad spectrum of patients within the musculoskeletal neuromuscular integumentary and cardiopulmonary realms according to the Guide to Physical Therapist Practice Ample rationale is

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*Guide to Evidence-Based Physical Therapist Practice with Navigate Advantage Access* Dianne V. Jewell, 2022-09-13. Guide to Evidence Based Physical Therapist Practice Fifth Edition teaches the knowledge and skills to evaluate medical evidence and apply it to the practice of physical therapy. This valuable reference explains the fundamentals of medical research and how to determine which studies are useful in practice. As the leading evidence based practice text for physical therapy, this is a comprehensive resource no physical therapist or student should be without. This practical guide empowers readers to learn how to evaluate research designs, appraise evidence, and apply research in clinical practice. Its reader friendly style facilitates learning and presents the knowledge essential for physical therapist students to develop a strong foundation in research methods and methodologies related to evidence based medicine.

**Fundamentals of the Physical Therapy Examination Enhanced Edition Patient Interview and Tests and Measures** Associate Professor Doctor of Physical Therapy Program, University of Indianapolis, Krannert School of Physical Therapy, Indianapolis, Indiana, Stacie J. Fruth, Stacie J. Fruth, 2015-06-12. Introduces physical therapy students to screening and examination techniques across all body systems. Experienced clinicians make numerous and rapid decisions about what questions to ask during a patient interview, what systems need to be screened for problems that lie outside the scope of physical therapy, and what tests and measures must be performed during an initial patient examination. Physical therapy students and some new graduates often struggle with this decision making process and answering the why questions. This text provides the reader with a fundamental step by step approach to the



subjective and objective portions of the examination process for a broad spectrum of patients within the musculoskeletal neuromuscular integumentary and cardiopulmonary realms according to the Guide to Physical Therapist Practice. Ample rationale is provided for why a test measure would or would not be selected based on the patient's diagnosis or presentation. In addition to rationale to help with the clinical decision making process, case examples and documentation will also be provided. Guidelines for Physical Therapy Documentation American Physical Therapy Association, 2002

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