

# The Anti-Group

**Destructive forces in the group  
and their creative potential**



**MORRIS NITSUN**

with a foreword by Saul Tushman



# The Anti Group

**William Stirling**



## **The Anti Group:**

The Anti-Group Morris Nitsun, 2002-06-01 The anti group is a major conceptual addition to the theory and practice of group psychotherapy It comprises the negative disruptive elements which threaten to undermine and even destroy the group but when contained have the potential to mobilise the group s creative processes Understanding the anti group gives therapists new perspectives on the nature of relationships and alternative strategies for managing destructive behaviour

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Beyond the Anti-Group Morris Nitsun, 2014-11-27 Beyond the Anti group survival and transformation builds on the success of Morris Nitsun s influential concept of the Anti group taking it into new domains of thought and practice in the current century The concept focuses on anxiety and hostility within towards and between groups as well as the destructive potential of groups In Beyond the Anti group Morris Nitsun continues his inquiry into the clinical implications of the anti group but also explores the concept beyond the consulting room in settings as wide ranging as cultural and environmental stress in the 21st century the fate of public health services and the themes of contemporary art Groups are potentially destructive but also have the capacity for survival creativity and transformation Focusing on the interplay between the two Morris Nitsun explores the struggle to overcome group impasse and dysfunction and to emerge stronger By tracking this process in a range of cultural settings the author weaves a rich tapestry in which group psychotherapy organizational process and the arts come together in unexpected and novel ways The author draws on group analysis and the Foulkesian tradition as his overall discipline but within a critical frame that questions the relevance of the approach in a changing world highlighting new directions and opportunities Readers of Beyond the Anti group Survival and Transformation will be stimulated by the depth breadth and creativity of the author s analysis and by the excursion into new fields of inquiry The book offers new impetus for psychotherapists group analysts and group practitioners in general students of group and organizational processes and those working on the boundary between psychotherapy and the arts **A Text-book of**

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