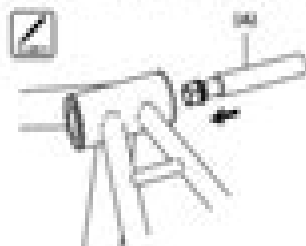


## **Removal**

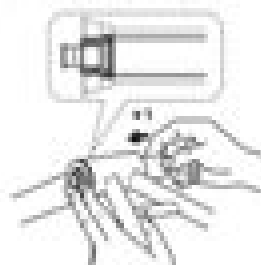
When removing the bottom bracket, use T5 48713.

1. Insert the removal tool into the bottom bracket.



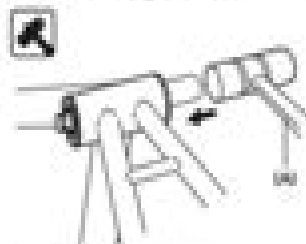
T5 48713

2. As shown in the illustration, hold down the flap with your fingers and push it in from the opposite side (when pushed in, the flap opens).



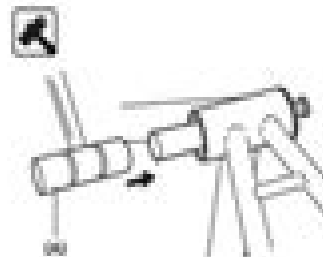
While holding down the flap at the end of the removal tool, push the tool in from the other side until it locks in place.

3. Tap the removal tool with a plastic mallet until the end of the bottom bracket protrudes.



Plastic mallet

4. Tap the opposite end of the bottom bracket in the same way and remove it.



Plastic mallet

## **NOTE**

Do not leave the magnets as they can be damaged during removal.

1. Hook a steel hexagon wrench as in the illustration, and then turn the key counter-clockwise.



Steel hexagon wrench

4. Turn the hexagon wrench until the claw on the stopper plate crosses the claw on the B body.



Steel hexagon wrench

5. Insert the hexagon wrench. If it is difficult to insert the hexagon wrench, push it in by moving it slightly.



Steel hexagon wrench

6. Hook the stopper plate on the stopper claw on the bracket body.

RP 4888 RP 4889 RP 4750



Stopper claw

## **NOTE**

Apply sufficient grease to the B side washer before installation.

RP 4888

Hook the stopper plate onto the stopper claw on the bracket body, insert the B side washer while applying pressure, and then insert the B side stop ring using the press. Be careful not to be confused with the groove for the B side stop ring.



4750 Stop ring press

RP 4888 Stopper claw

RP 4889 Groove for the B ring

RP 4750 Groove for the stop ring

## **NOTE**

Apply sufficient grease to the B side washer before installation.

# Trek Bike Maintenance Manual

**Terry C. Jones**



## **Trek Bike Maintenance Manual:**

**The Mountain Bike Manual** Dennis Coello, 1985      **Bike Repair Manual** Chris Sidwells, 2017-07-06 From regular maintenance for optimum performance to emergency repairs this illustrated e guide is the perfect handbook for beginners and experienced cyclists alike The Bike Repair Manual includes insightful information on the anatomy and functioning of all types of bikes road racing mountain hybrid BMX and children s Step by step sequences show you how to carry out repairs from vital servicing to improving your bike s performance both on and off road Learn how to maintain the main elements such as brakes drivetrain and steering as well as the complex components including hub gears hydraulic brakes and suspension forks Detailed chapters cover everything from the correct safe way to set up your bike and the must have kit for successful repairs to troubleshooters for keeping your bike in top form Featuring easy to follow photographic tutorials and handy add ons such as a step locator and toolbox Bike Repair Manual is the essential e guide for every cyclist      **The Complete Bike Owner's Manual** DK, 2020-05-07 This is the complete reference guide to bike servicing and repair and an essential bible for every cyclist s bookshelf Incredible CGI illustrations show you every aspect of bike repair and maintenance more clearly than ever before whether you re a mountain biker cycling commuter or road racer All major types of bicycle from the leading brands are covered including road racing hybrid mountain and utility bikes with detailed practical advice to take you from symptom to solution The Complete Bike Owner s Manual takes away the need for expensive expert advice showing you how to service and maintain every aspect of your bicycle Learn how to replace or repair a chain correct sagging suspension fit brake cables adjust electronic shifters and much more with incredible up close detail helping you to get your wheels turning again      **Zinn & the Art of Road Bike Maintenance** Lennard Zinn, 2024-06-25 Join the millions of cyclists who swear by the name Zinn Now in its sixth edition Zinn the Art of Road Bike Maintenance is the world s best selling guide to bicycle repair and maintenance Zinn the Art of Road Bike Maintenance is the world s best selling guide to bicycle repair and maintenance From basic repairs like how to fix a flat tire to advanced overhauls of drivetrains and brakes Lennard Zinn s clearly illustrated guide makes every bicycle repair and maintenance job easy for everyone Lennard Zinn is the world s leading expert on bike maintenance and repair His friendly step by step guide explains the tools you ll need and how to know you ve done the job right The book s interior is easy to read even in a dimly lit garage or workshop Hundreds of hand drawn illustrations and exploded parts diagrams show just the right level of detail to lead you through every bicycle repair task In over 450 pages Zinn s guide includes simple instructions for hundreds of bike maintenance and repair jobs including Basics How to fix a flat tire lube a bicycle chain adjust the brakes Emergency repairs How to fix a broken chain tighten loose spokes repair a bent derailleur Easy shifting How to adjust shifters derailleurs and cables for clean and smooth shifting Wheels How to true a wheel install a new tire change a cassette replace broken spokes build your own wheels Overhauls How to service and replace pedals chains and chainrings saddles handlebars stems headsets forks bottom brackets New tech How to

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