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François-Xavier Poudat

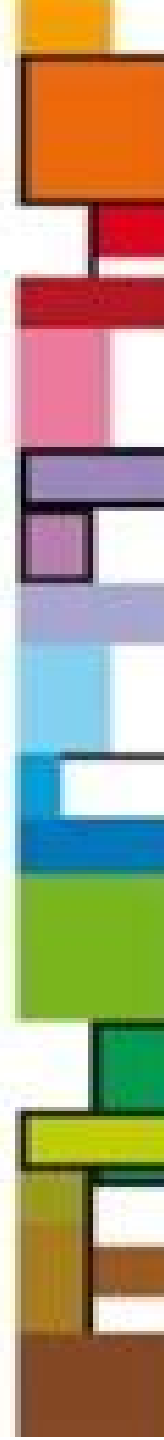
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Sexualité, couple et TCC

Les difficultés sexuelles

VOLUME 1

- Aspects théoriques
- Méthodologie pratique
- Dysfonctions sexuelles
- Compulsions sexuelles



Sexualité Couple Et Tcc Volume Les Difficultés Sexuelles

**François-Xavier Poudat, Madeleine
Beaudry, Jean-Marie Boisvert, Noëlla
Jarrousse**

Sexualité Couple Et Tcc Volume Les Difficultés Sexuelles:

Sexualité, couple et TCC. François-Xavier Poudat, Sylvie Aubin, François de Carufel, Pascal De Sutter, 2011 L utilisation des TCC en sexothérapie et en thérapie de couple a démontré son efficacité dans la résolution des problèmes sexuels et des dysharmonies conjugales Cet ouvrage illustre de nombreux cas cliniques présente les prises en charge classiques en thérapie comportementale et cognitive intégrant les courants les plus récents outils stratégiques et solutionnistes et d autres techniques comme la sophro hypnose l EMDR Eye Movement Desensitization and Reprocessing et la pleine conscience Il conserve les principes d apprentissage ainsi que les données de l expérience scientifique et détaille l analyse fonctionnelle la définition d objectifs l évaluation et les traitements Ce volume 1 est consacré aux dysfonctions obsessions et compulsions sexuelles La première partie expose les principes de l analyse fonctionnelle en sexothérapie comportementale selon différentes lectures comportementale systémique cognitive émotionnelle troisième vague et intègre une réflexion sur l action du thérapeute dans son alliance et son questionnement avec le client A la lumière des protocoles actuels la deuxième partie décrit les dysfonctions sexuelles féminines et masculines Enfin la troisième partie est dédiée à l hypersexualité et aux paraphilies avec un chapitre spécifique sur la pédophilie et la pédosexualité Cet ouvrage écrit par des experts en sexothérapie et TCC est un outil précieux destiné aux professionnels de santé mentale sexothérapeutes thérapeutes de couple et médecins qui y trouveront les informations les plus récentes tant sur le plan clinique que thérapeutique

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Aubin,François de Carufel,Pascal de Sutter,Noëlla Jarrousse,Gilles Trudel,2011-12-19 L utilisation des TCC en sexoth rapie et en th rapie de couple a d montr son efficacit dans la r solution des probl mes sexuels et des dysharmonies conjugales Cet ouvrage illustr de nombreux cas cliniques pr sente les prises en charge classiques en th rapie comportementale et cognitive int grant les courants les plus r cents outils strat giques et solutionnistes et d autres techniques comme la sophro hypnose l EMDR Eye Movement Desensitization and Reprocessing et la pleine conscience Il conserve les principes d apprentissage ainsi que les donn es de l exp rience scientifique et d taille l analyse fonctionnelle la d finition d objectifs l valuation et les traitements Ce volume 1 est consacr aux dysfonctions obsessions et compulsions sexuelles La premi re partie expose les principes de l analyse fonctionnelle en sexoth rapie comportementale selon diff rentes lectures comportementale syst mique cognitive motionnelle troisi me vague et int gre une r flexion sur l action du th rapeute dans son alliance et son

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