

## **PHYSICAL EXAMINATION - Normal**

### **Vital signs:**

BP 120/80; P 68/min reg; RR 14/min; T 36.9 °C; Wt 78 kg; Ht 175 cm;

### **General:**

Well-developed, well-nourished, appearing stated age.

Alert, oriented to time, place, person, and situation. Recent and remote memory intact. Good insight and cognitive function. No aphasia, dysarthria or hoarseness.

Gait and station normal, Rhomberg negative.

Skin warm, dry, with good turgor. No abnormal pigmentation, bleeding, rash, or other lesions.

Hair normal texture and distribution. No nail changes.

### **Head:**

Normocephalic without scalp lesions.

Sensation intact over face. No facial asymmetry, muscles of facial expression intact.

Ears and nose without deformity, external tenderness or discharge

Hearing intact bilaterally by rough testing (or: to whisper)

Eyes: Conjunctivae pink, sclerae white, without jaundice. No en- or exophthalmos or ptosis of lids. External ocular movements (EOM's) intact (or: full), no strabismus or nystagmus. Pupils equal round, react to light and accommodation (PERRLA). Visual fields intact to confrontation.

Mouth and Throat: Lips normal color, without lesions. Teeth present, good dental hygiene.

Gums (or: gingiva) and mucous membranes pink without bleeding, lesions or inflammation.

Tongue normal size and papillation, midline protrusion. Tonsils not enlarged (or: absent).

Palate elevates symmetrically, gag intact.

### **Neck:**

Neck supple with full range of motion (ROM). No masses or tenderness. Jugular venous distension (JVD) normal. Trachea midline. Thyroid not palpable (or: normal size and consistency). Carotid pulses full and equal, without bruits.

Lymph Nodes: Occipital, pre- and postauricular, submandibular, anterior or posterior cervical, or supraclavicular nodes not enlarged.

### **Chest & back:**

No abnormal curvature of spine. Full range of motion, no muscle spasm or tenderness.

Breasts (female) symmetrical, normal size; no dimpling, masses, tenderness, or skin changes. No nipple deformity or discharge.

Axillary lymph nodes not enlarged.

### **Lungs:**

Respiratory excursions full and symmetrical. Lungs resonant to percussion & vesicular breath sounds throughout peripheral lung fields (an accepted abbreviation for normal lung percussion and auscultation: "Clear to A&P"). No rales, ronchi, wheezes, or rubs. Vocal and tactile fremitus normal.

### **Cardiovascular:**

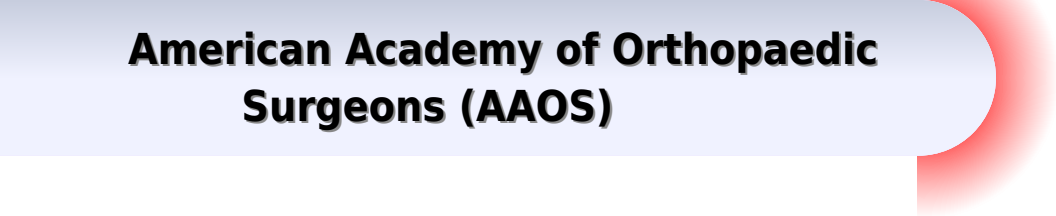
Point of maximal impact (or: impulse) (PMI) 5th intercostal space in mid-clavicular line (MCL), not visible. No abnormal heaves or lifts. No thrill. Regular rate and rhythm. (RRR) 1<sup>st</sup> and 2<sup>nd</sup> sounds normal intensity (2<sup>nd</sup> sound physiologically split). No extra sounds or murmurs.

### **Abdomen:**

Scaphoid without scars. No abnormal tympany. Normal bowel sounds, no bruits. Superficial & deep palpation without organomegaly or masses; no direct or rebound tenderness, rigidity,

# Normal Physical Exam Documentation

**American Academy of Orthopaedic  
Surgeons (AAOS)**



## **Normal Physical Exam Documentation:**

**Evidence-Based Physical Examination Handbook** Kate Gawlik, Bernadette Mazurek Melnyk, Alice Teall, 2024-03-22  
Leading the way in providing evidence based assessment guidance to prepare clinicians for their future in healthcare This unique resource combines scientific and holistic approaches to assessment and integrates best practices to guide history taking and physical exam Utilizing the evidence and summarizing clinical relevance this handbook guides the incorporation of the most current evidence based assessment guidelines from such sources as the U S Preventative Services Task Force Chapters have a consistent structure and include key history questions and considerations evidence based physical examination techniques red flag signs and symptoms differential diagnoses for both normal and abnormal findings and sample documentation There are extensive color illustrations and photographic images to strengthen and support advanced assessment skills New to the Second Edition Completely new chapters reflecting specific lifespan considerations including the child adolescent and older adult Increased coverage of evidence based documentation Expanded coverage in every chapter regarding changing practice environments Focus on inclusive history taking and assessment techniques including considerations for diverse populations and social determinants of health Key Features Includes focus on evidence to enable highest quality of care Emphasizes the importance of wellness and the assessment of well being Delivers the evidence acceptability and clinical relevance behind history taking and physical examination techniques Focuses on the most current clinical guidelines from sources such as the U S Preventive Services Task Force Demonstrates techniques with valuable illustrations and photographic images

**The Complete Medical Scribe, E-Book** ABC Scribes, LTD, 2021-11-16 Expand your career opportunities with this concise all in one guide to a dynamic and growing healthcare career The Complete Medical Scribe A Guide to Accurate Documentation 3rd Edition provides the information you need to document patient health records accurately thoroughly and efficiently Coverage includes activities such as creating a note recording a patient history and review of systems documenting diagnostic tests and therapeutic procedures and noting follow ups for labs or imaging A strong foundational knowledge of anatomy and body systems is emphasized Written by two medical doctors in conjunction with the experts at ABC Scribes this comprehensive resource will prepare you to become an essential member of the healthcare team in a variety of settings Comprehensive coverage includes everything you need to know to work as a medical scribe including medical law and ethics safety and infection control health record documentation billing and reimbursement requirements medical terminology basics and detailed body system coverage Clinical scenarios represent common situations and promote real world application of the scribe s function Case studies with questions test your comprehension and let you apply your knowledge to the clinical setting Review questions and exercises within chapters and online provide opportunities for self quizzing to identify areas of strength and areas of focus Nearly 200 colorful medical illustrations and photos depict subjects such as anatomy and physiology as well as online charting within the electronic

health record EHR Detailed instructional videos online simulate medical practice using real doctor patient encounters that progress logically through each part of the EHR Notes boxes emphasize practice dos and don'ts along with on the job realities *Medical Records for Attorneys* Laurence M. Deutsch, 2001

**Bouncebacks! Critical Care** Michael B. Weinstock, Kevin M. Klauer, 2021-07-13 This edition of *Bouncebacks Emergency Medicine* books examines the bounceback visit putting the reader in the footsteps of the clinician as the patient deteriorates The story pauses at important decision points as possible management strategies are reviewed in a literature based fashion followed by a revelation of the path chosen by the actual provider As the patient's course progresses we reach additional decision points and address further clinical questions In addition to our chapter authors many with expertise in critical care emergency medicine we have an all star lineup of expert whisperers first an EM critical care section editor below and second EMCRI.org's double boarded critical care guru Scott Weingart Their comments are inserted in grey boxes and are intended to give tips and tricks borne of experience and to provide context to the literature as if they are standing over our shoulder and advising during a resuscitation Additionally there are three chapters where we address the medical legal aspects of care Enter Greg Henry MD past president of The American College of Emergency Physicians ACEP and one of the most experienced physician medical legal experts in the country He opines on the approach that both the defense and plaintiff would likely pursue and by extension how we can make patients safer through our evaluation and documentation before there is an adverse outcome Whereas these chapters contain the actual documentation from the ED chart a very few chapters have slight modifications to the final aspects of the return visit at decision point 3 to allow for exploration of different critical care scenarios There is still plenty of commentary on the documentation missed red flags and what could have been done to improve care at the initial visit Our goal is to make each chapter challenging dynamic and realistic to move us from standard of care to excellence in care

Book Review It's back it's *Bouncebacks* One of the mostly widely read and highly regarded education series in all of Emergency Medicine Clinicians fear the medical malpractice landscape but Mike Weinstock and the team give you all the tools you need to protect yourselves Documentation people documentation Now with a critical care version Read this book sleep better at night as simple as that Love love this series Mel Herbert MD MBBS BMedSci FACEP FAAEM Professor of Emergency Medicine at the Keck School of Medicine LAC USC Medical Center Owner and Editor of EM RAP

*Oxford American Handbook of Emergency Medicine* Jeremy Brown, J. P. Wyatt, R. N. Illingworth, M. J. Clancy, P. Munro, 2008-07-07 Written by leading American practitioners the *Oxford American Handbooks of Medicine* each offer a pocket sized overview of an entire specialty featuring instant access to guidance on the conditions that are most likely to be encountered Precise and prescriptive the handbooks offer up to date advice on examination investigations common procedures and in patient care These books will be invaluable resources for residents and students as well as a useful reference for practitioners Part of the most popular medical handbook series in the world the *Oxford American Handbook of Emergency Medicine* is a dependable

manual geared for ultra quick reference any time It is comprehensive enough to serve as a mini text yet it is thin and light and uses concise bulleted text quick reference tabs four color presentation and bookmark ribbons to help provide fast answers on the ward Written by an acclaimed team of authors this Handbook presents information in a succinct comprehensive and affordable volume in the proven format of the Oxford Handbook Series Why choose the Oxford American Handbook of Emergency Medicine The design The Handbook uses a unique flexicover design that is durable and practical Compact light and fits in your pocket Also has quick reference tabs four color presentation and bookmark ribbons to help provide fast answers The interior layout The Handbook is a quick reference in a small innovative package With one to two topics per page it provides easy access and the emergency sections are in red to stand out Icons throughout aid quick reference The information The Handbook succinctly covers all the essential topics in a one or two page spread format with colored headings that break up the text and provide a logical structure for readers of all levels Common clinical questions are answered clearly and extensively The history Oxford University Press is known around the world for excellence tradition and innovation These handbooks are among the best selling in the world The price You get an extremely useful tool at a great value

Primary Care - E-Book Terry Mahan Buttaro, Patricia Polgar-Bailey, Joanne Sandberg-Cook, Karen L. Dick, Justin B. Montgomery, 2024-03-02 Selected for Doody's Core Titles 2024 in Advanced Practice There's no better preparation for Nurse Practitioners and other adult primary care practitioners Buttaro's Primary Care Interprofessional Collaborative Practice 7th Edition provides the concise yet thorough information that you need in today's fast paced interprofessional collaborative environment With authorship reflecting both academic and clinical expertise this comprehensive evidence based primary care text reference shows you how to deliver effective truly interdisciplinary health care It covers every major adult disorder seen in the outpatient office setting and features a unique interprofessional collaborative approach with referral and Red Flag highlights and more New to this edition are chapters on health equity public health preparedness endocannabinoids and self care Comprehensive evidence based accurate and current content provides a complete foundation in the primary care of adults for NP students including students in Doctor of Nursing Practice DNP programs and reflects the latest research and national and international guidelines UNIQUE Interprofessional collaborative approach equips you for interprofessional collaborative practice in the contemporary healthcare environment Consistent chapter format and features reflect the systematic approach used in adult primary care practice to promote improved clinical judgment skills facilitate learning and foster quick clinical reference UNIQUE Referral Consultation highlights indicate when the NP should collaborate with or refer to other providers UNIQUE Emergency Referral highlights indicate when the NP should refer the patient for urgent emergent care UNIQUE Red Flag highlights indicate issues not to be missed UNIQUE Initial Diagnostics boxes provide quick reference to key decision making content

**Protocols for High-Risk Pregnancies** John T. Queenan, Catherine Y. Spong, Charles J. Lockwood, 2021-03-08 Through seven editions Protocols for High Risk Pregnancies has helped busy

obstetricians keep pace with a constantly evolving field Providing just in time content its focus on protocols and guidelines helps organize medical thinking avoid heuristic errors of omission and commission and optimize maternal and fetal outcomes As with the prior six editions the editors have once again assembled some of the world s top obstetrical and medical experts This seventh edition has also been expanded to include a number of new topics including Protocols on opioid use misuse and addition in pregnancy and postpartum Noninvasive prenatal diagnosis of aneuploidy Periconceptual genetic screening Expanded protocols on maternal valvular heart disease and cardiomyopathies Protocols on arboviruses including Zika and malaria Protocols for High Risk Pregnancies An Evidence Based Approach will be an essential reference for obstetricians medical students general practitioners and all medical professionals who are seeking the most up to date information and guidance on high risk pregnancies

*Fordney's Medical Insurance and Billing - E-Book* Linda M. Smith, 2024-08-07 Gain the skills you need to succeed in insurance coding and billing Fordney s Medical Insurance and Billing 17th Edition helps you master the insurance billing specialist s role and responsibilities in areas such as diagnostic coding procedural coding HCPCs coding medical documentation billing and collection Using clear explanations this book covers all types of insurance coverage commonly encountered in hospitals physicians offices and clinics Step by step guidelines lead you through the submission of electronic claims and paper claims as well as the job search and professional advancement Written by coding specialist and educator Linda M Smith this market leading text is a complete guide to becoming an efficient insurance billing specialist NEW HCPCs Coding chapter covers ambulance billing supply billing and certificates of medical necessity NEW Content on professionalism includes customer service conflict management diversity awareness leadership and other competencies to help you become an effective engaged and highly functioning employee NEW Additional content on medical decision making helps you select the appropriate evaluation and management codes under the current documentation guidelines NEW Additional examples of CMS claims include those from Blue Shield and Automobile Insurance NEW Updates to credentialing include those specific to Medicare Medicaid and Workers Compensation Coverage of medical documentation diagnostic coding and procedural coding provides you with the foundation and skills needed to work in a physician s office as well as ambulatory and inpatient settings Coverage of the role and responsibilities of the insurance billing specialist emphasizes advanced job opportunities and certification Chapter on HIPAA compliance as well as Compliance Alerts highlight important HIPAA compliance issues and the latest regulations Step by step procedures detail common responsibilities of the insurance billing specialist and coder Key terms and abbreviations are defined and emphasized reinforcing your understanding of new concepts and terminology Color coded icons denote and clarify information rules and regulations for each type of payer Insights From The Field includes more interviews with experienced insurance billing specialists providing a snapshot of their career paths and offering advice to the new student Scenario boxes help you apply concepts to real world situations Quick Review sections summarize chapter content and also include review questions

Student Software Challenge on the Evolve website allows you to practice filling out interactive CMS 1500 forms      *Physical Therapy Documentation* Mia Erickson, Mia L. Erickson, Rebecca McKnight, Ralph Utzman, 2008 Complete accurate documentation is one of the essential skills for a physical therapist This book covers all the fundamentals includes practice exercises case studies throughout      *Lewis's Medical-Surgical Nursing E-Book* Mariann M. Harding, Jeffrey Kwong, Debra Hagler, Courtney Reinisch, 2022-07-02 American Journal of Nursing AJN Book of the Year Awards 1st Place in Medical Surgical Nursing 2023 Selected for Doody's Core Titles 2024 with Essential Purchase designation in Medical Surgical Gain the knowledge and skills you need to succeed in medical surgical nursing with this leading textbook Lewis's Medical Surgical Nursing 12th Edition uses a conversational writing style a focus on nursing concepts and clinical trends evidence based content and basic pathophysiology review to provide the solid foundation needed in a rapidly changing healthcare environment Comprehensive chapters cover topics including nursing management and collaboration health promotion acute interventions and ambulatory care Summary tables and boxes make it easy to find essential information and a building block approach makes even the most complex concepts simple to grasp In addition to three new chapters this edition includes a stronger focus on the nursing process clinical judgment and preparation for the Next Generation NCLEX Examination

Occupational Health Services Tee L. Guidotti, 2013 Workers and their families employers and society as a whole benefit when providers deliver the best quality of care to injured workers and when they know how to provide effective services for both prevention and fitness for duty and understand why instead of just following regulations Designed for professionals who deliver manage and hold oversight responsibility for occupational health in an organization or in the community Occupational Health Services guides the busy practitioner and clinic manager in setting up running and improving healthcare services for the prevention diagnosis treatment and occupational management of work related health issues The text covers an overview of occupational health care in the US and Canada how it is organized who pays for what how it is regulated and how workers compensation works how occupational health services are managed in practice whether within a company as a global network in a hospital or medical group practice as a free standing clinic or following other models management of core services including recordkeeping marketing service delivery options staff recruitment and evaluation and program evaluation depth and detail on specific services including clinical service delivery for injured workers periodic health surveillance impairment assessment fitness for duty alcohol and drug testing employee assistance mental health health promotion emergency management global health management and medico legal services This highly focused and relevant combined handbook and textbook is aimed at improving the provision of care and health protection for workers and will be of use to both managers and health practitioners from a range of backgrounds including but not limited to medicine nursing health services administration and physical therapy      **The Practical Guide to the Genetic Family History** Robin L. Bennett, 2011-09-20 HELPS YOU DEVELOP AND ASSESS PEDIGREES TO MAKE DIAGNOSES EVALUATE RISK AND

**COUNSEL PATIENTS** The Second Edition of The Practical Guide to the Genetic Family History not only shows how to take a medical family history and record a pedigree but also explains why each bit of information gathered is important It provides essential support in diagnosing conditions with a genetic component Moreover it aids in recommending genetic testing referring patients for genetic counseling determining patterns of inheritance calculating risk of disease making decisions for medical management and surveillance and informing and educating patients Based on the author s twenty five years as a genetic counselor the book also helps readers deal with the psychological social cultural and ethical problems that arise in gathering a medical family history and sharing findings with patients Featuring a new Foreword by Arno Motulsky widely recognized as the founder of medical genetics and completely updated to reflect the most recent findings in genetic medicine this Second Edition presents the latest information and methods for preparing and assessing a pedigree including Value and utility of a thorough medical family history Directed questions to ask when developing a medical family history for specific disease conditions Use of pedigrees to identify individuals with an increased susceptibility to cancer Verification of family medical information Special considerations when adoptions or gamete donors are involved Ethical issues that may arise in recording a pedigree Throughout the book clinical examples based on hypothetical families illustrate key concepts helping readers understand how real issues present themselves and how they can be resolved This book will enable all healthcare providers including physicians nurses medical social workers and physician assistants as well as genetic counselors to take full advantage of the pedigree as a primary tool for making a genetic risk assessment and providing counseling for patients and their families

**Legal Medicine - E-BOOK** American College of Legal Medicine,American Board of Legal Medicine,2024-05-29 Authored by the two primary organizations in the field Legal Medicine Health Care Law and Medical Ethics 8th Edition remains the premier treatise in this increasingly important area of medical practice In the midst of a progressively litigious culture this essential reference provides up to date information on topics surrounding professional medical liability the business aspects of medical practice and medicolegal and ethical issues offering comprehensive discussions on a myriad of topics that health care professionals face every day Addresses the legal aspects of almost every medical topic that impacts health care professionals using actual case studies to illustrate nuances in the law Offers the expert guidance of top professionals across medical and legal fields in an easy to read format Includes new chapters on Legal Medicine History Healthcare Technology Patients with Infectious Diseases HIV Infection and COVID 19 General Pain Management Opioids and Illicit Drugs Misuse Abuse and Addiction Cannabis Marijuana Drug Treatment Courts and Public Health Law and Policy Provides authoritative information on current issues such as the high costs of medical liability insurance for practitioners and organizations changes in health care and the law including HIPAA and patient privacy the overturning of Roe v Wade the opioid epidemic and more Features Key Points boxes to open every chapter Pearls boxes to call out important details additional diagrams and tables throughout a glossary of medical terms and updated references and



suggested readings Serves as the syllabus for the Board Review Course of the American Board of Legal Medicine ABLM

Nancy Caroline's Emergency Care in the Streets Essentials Package American Academy of Orthopaedic Surgeons (AAOS),2022-07-29 Nancy Caroline s Emergency Care in the Streets Essentials Package includes ContentInstructionStudent Learning MaterialsTextbookInstructor GuidePractice Activities Audiobook Assessments Analytics Slides Only available when assigned by instructors Nancy Caroline s Emergency Care in the Streets Ninth Edition is the newest evolution of the premier paramedic education training program This legendary paramedic textbook was first developed by Dr Nancy Caroline in the early 1970s and transformed paramedic education Today lead editors Bob Elling and Barb Aehlert along with the American Academy of Orthopaedic Surgeons are proud to continue this legacy and set the new gold standard for the paramedics of tomorrow The Ninth Edition offers cutting edge evidence based content that meets or exceeds the most current scientific recommendations developed by the International Liaison Committee on Resuscitation ILCOR and the ECC Guidelines established by the American Heart Association and other resuscitation councils around the world Clear chapter objectives align with the 2019 National EMS Scope of Practice Model and 2021 EMS Education Standards Thoroughly reviewed by medical doctors and subject matter experts the Ninth Edition teaches students the technical skills required of today s paramedic while emphasizing other important professional attributes including critical thinking empathy teamwork communication problem solving and personal well being Taking a systemic approach to the assessment and management of traumatic and medical emergencies and devoting entire chapters to special topics such as mass casualty incidents the Ninth Edition covers the full scope of paramedic practice Some of the key high level updates to the Ninth Edition include the following Language carefully reviewed throughout text to ensure gender neutrality racial inclusivity and nonstigmatizing descriptions of patient conditions NEW Street Smarts boxes throughout the text to emphasize the soft skills expected of today s paramedics Images updated to reflect appropriate PPE in the current COVID 19 setting Added emphasis on current spinal motion restriction guidelines Thoroughly reviewed and updated references statistics and case studies CPR and ACLS algorithms updated throughout text to reflect the current AHA guidelines 2023 2400 pages **Step-Up to Pediatrics** Samir S. Shah,Brian Alverson,Jeanine Ronan,2013-11-07 Outline format high yield yet comprehensive review of pediatric pathophysiology and clinical information written specifically as a guide for third year medical PA or NP students during their pediatrics rotation Key features include Quick Hits margin notes to highlight key points and a set of 100 end of book exam questions offered in both print and as a free iPhone app to accompany the text A website on thePoint offers full text online plus an image bank and possible online or mobile video clips or audio clips ie heart sounds The 5-minute Obstetrics and Gynecology Consult Paula J. Adams Hillard,Paula Adams Hillard,2008 A quick reliable reference guide for any physician or nurse practitioner treating female patients this title provides instant access to clinically oriented must have information on more than 300 obstetric and gynecologic topics **Conn's Current Therapy 2019** Rick D. Kellerman,David

Rakel,2018-12-06 Follows a consistent easy to use format throughout with diagnosis therapy drug protocols and treatment pearls presented in quick reference boxes and tables for point of care answers to common clinical questions Features significantly revised chapters on sepsis bacterial pneumonia ADHD endometriosis atrial fibrillation congestive heart failure pericarditis diabetes mellitus measles myasthenia gravis irritable bowel syndrome Parkinson s disease seizures and epilepsy in adolescents and adults acute bronchitis and other viral respiratory illnesses urinary incontinence neutropenia venous thromboembolism fungal diseases of the skin diseases of the nails and more Includes all new chapters on fatty liver pancreatic cancer and more Includes nearly 300 images including algorithms anatomical illustrations and photographs that provide useful information for diagnosis Provides current drug information thoroughly reviewed by PharmDs Shares the knowledge and expertise of 40 new authors who provide a fresh perspective in their specialties **Collins-Bride & Saxe's**

**Clinical Guidelines for Advanced Practice Nursing** Yoonmee Joo,J. V. Gatewood,Mary Anne M. Israel,Kelly Wong McGrath,2024-05-20 Collins Bride Saxe s Clinical Guidelines for Advanced Practice Nursing Fourth Edition is an accessible and practical reference designed to support nurses and students in daily clinical decision making Written by an interdisciplinary team of APRNs it emphasizes collaboration for optimal patient centered care and follows a lifespan approach with content divided into four clinical areas Pediatrics Sexual Reproductive Health Obstetrics and Adult Gerontology To support varying advanced practice roles the authors utilize the S O A P Subjective Objective Assessment Plan format for an organized and accessible teaching and learning experience **Predatory Medicine Redux** J. S. Vangrow

M.D.,2017-06-21 This story is a factual provocative account of the personal experience of a cardiologist told after thirty eight years in private practice It is told with compelling narrative punctuated with actual patient vignettes exposing aspects of medical practice the author has labeled predatory medicine He chronicles how lazy incompetent or unscrupulous physicians take advantage of medically naive unsuspecting and trusting patients His story begins when he first began his medical

**The 5-Minute ICU Consult** Jose R. Yunen,2012-01-18 This new addition to the 5 Minute Clinical Consult Series covers all aspects of adult critical care Following the highly successful format of the series each entry consists of a two page spread covering basics such as definition and pathophysiology and progressing through diagnosis to medications and synopses of surgical interventions and complications Over 200 topics are covered Algorithms for common and complex diagnoses and treatment options are included in a special section

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