

Anatomy & physiology

MULTIPLE-CHOICE

ANATOMY & PHYSIOLOGY

MULTIPLE

Choose the best one

1. What is the body's largest organ?

- A. Heart
- B. Liver
- C. Skin
- D. Kidney

2. Which system is responsible for transporting oxygen and nutrients throughout the body?

- A. Respiratory system
- B. Circulatory system
- C. Nervous system
- D. Muscular system

3. Which organ is responsible for filtering blood and producing urine?

- A. Liver
- B. Pancreas
- C. Kidney
- D. Spleen

4. Which of the following is a thin, tube-like structure that carries air from the mouth to the stomach?

- A. Esophagus
- B. Trachea
- C. Small intestine
- D. Large intestine

5. Which body system controls a coordinate various bodily functions through electrical impulses?

- A. Endocrine system
- B. Nervous system
- C. Muscular system
- D. Skeletal system

ANATOMY & PHYSIOLOGY

MULTIPLE

Choose the best one

11. Which system is responsible for producing and delivering sperm?

- A. Digestive system
- B. Respiratory system
- C. Reproductive system
- D. Nervous system

12. Which type of muscle is found within internal organs like the stomach?

- A. Cardiac muscle
- B. Skeletal muscle
- C. Smooth muscle
- D. Voluntary muscle

13. Which part of the brain controls functions like breathing and heart rate?

- A. Cerebrum
- B. Cerebellum
- C. Brainstem
- D. Medulla oblongata

14. What is the main function of the skeletal system?

- A. Pumping blood
- B. Providing support and protection
- C. Digesting food
- D. Producing hormones

15. Which system is responsible for regulating metabolism and body temperature?

- A. Circulatory system
- B. Digestive system
- C. Endocrine system
- D. Nervous system

ANATOMY & PHYSIOLOGY MULTIPLE CHOICE

Choose the best answer for each question.



KEYS

Questions and Answers

1. C Skin
2. B Circulatory system
3. C Kidney
4. A Esophagus
5. B Nervous system
6. C Digestion
7. D Lungs
8. C Exchanging gases
9. C Skull
10. B Pituitary gland
11. C Reproductive system
12. C Smooth muscle
13. C Brainstem
14. B Providing support and protection
15. C Endocrine system
16. B Skeletal muscle
17. A Plasma
18. D Circulatory system
19. D Kidneys
20. D Endocrine system

Reflexology Anatomy And Physiology Multiple Choice Paper

Victor M. Corman



Reflexology Anatomy And Physiology Multiple Choice Paper:

The Complete Guide to Reflexology Ruth Hull, 2023-01-17 A full color illustrated and comprehensive study guide for reflexology Provides detailed and accurate anatomical drawings zone and reflex maps and muscle tables Offers extensive basic pathology of all body systems including case studies Ideal for students of reflexology up to levels 2 and 3 exceeds the curriculum requirements of all the major awarding bodies Includes a study outline for each chapter as well as review and multiple choice questions Reflexology is a gentle non invasive therapy that encourages the body to balance and heal itself It involves applying finger or thumb pressure to specific points on the hands and feet Called reflexes these points reflect or mirror the organs and structures of the body as well as a person s emotional health In this way the hands and feet are mini maps or microcosms of the body that can be used to encourage holistic healing Presenting the most complete reflexology study guide available this full color illustrated textbook is designed for use both in the classroom and as a home study resource Ideal for students of reflexology up to levels 2 and 3 it exceeds the curriculum requirements of all the major awarding bodies as well as meeting the current National Occupational Standards for reflexology Providing detailed and accurate anatomical drawings zone and reflex maps and muscle tables the book outlines each body system explaining how when and why to work the reflexes It explores foot reflexology hand reflexology as well as meridian therapy and offers extensive basic pathology of all body systems including case studies allowing the student to develop interpretive diagnostic and treatment planning skills Each chapter also includes a study outline as well as review and multiple choice questions Offering a comprehensive guide to the theory philosophies and history of reflexology this book will encourage students to develop understanding and confidence in their reflexology practice *National Library of Medicine Current Catalog*

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