

LIFESTYLE CHANGES TO REDUCE STROKE / TIA RISK

If you smoke, **STOP** – smoking doubles your risk for stroke. Avoid secondhand smoke.

If you don't drink, don't start. Alcohol does not promote brain recovery.

If you must drink alcohol do so in moderation – no more than one drink per day

One drink is defined as 1.5 oz of hard liquor, 4 oz of wine or 12 oz of beer

High blood pressure is the leading cause of stroke. Work with your doctor to control it. Notify your physician if your blood pressure is greater than 140/90.

Your LDL cholesterol was _____. Your LDL cholesterol goal is less than 100 mg/dL.

Include exercise in your daily routine. Check with your primary physician regarding exercise restrictions.

☐ exercise 30 minutes a day, 3 to 5 times per week

☐ Weight loss and exercise are indicated

WHAT TO WATCH FOR

Call 911 immediately if you have any new stroke/TIA like symptoms:

Sudden numbness or weakness of face, arm or leg

Sudden confusion or trouble speaking or understanding speech

Sudden trouble seeing in one or both eyes

Sudden trouble walking, dizziness or loss of balance or coordination

Sudden severe headache with no known cause

SPECIAL INSTRUCTIONS

Other written instructions (specify)

Resources:

Bloomington Hospital Stroke Survivor Support Group - Contact Heather Hudson LSW (812) 353-9818

American Stroke Association - 1-888-4-Stroke to talk with a stroke survivor or family caregiver, find a support group in your area or receive free educational information or their website ASA.org

Free Smoking Cessation Classes - call (812) 353-5811 for more information

If you have questions regarding your discharge instructions, please call 353-6821 and ask to speak to the Patient Care Director. **In case of emergency, call 911.**

Physical and cognitive rehabilitation is important to maximize recovery after a stroke. Maximum recovery occurs within the first three months; however, continued recovery can occur up to and beyond one year from the stroke onset.

STROKE EDUCATION

☐ Please bring this form to your next doctor's appointment

I have been given the stroke education packet and instruction booklet. I understand these instructions and I have had ample opportunity to have my questions answered.

☐ Yes

☐ No

Patient-Last Name, First Name, Middle Initial ☐ M ☐ F Age _____

Admission Number _____ Date _____ Birth Date _____

Physician Name _____

Patient/Responsible Party Signature _____ Date _____

Patient Identification _____ Medical Record Number _____ RN Signature _____ Date _____



Patient Discharge Instructions Template

Gerianne Holzman, Teri Raffel

A red circular graphic with a gradient, appearing as a partial circle or a stylized arrow pointing to the right, located to the right of the authors' names.

Patient Discharge Instructions Template:

Decision-Making in Veterinary Practice Barry Kipperman, 2024-01-24 Decision Making in Veterinary Practice The first ever guide to rational decision making in veterinary practice The practice of veterinary medicine entails crucial decisions about patient care on a daily basis Whether to admit patients displaying symptoms whether to pursue diagnoses or prioritize therapeutic trials whether to advise overnight stays after routine surgery whether to refer patients the answers to questions like these can significantly influence patient outcomes and standards of care However veterinary clinicians are seldom trained to analyze their patterns of decision making relying instead on the existing culture of a practice to dictate their behaviors This can lead to irrational decisions institutional inertia reluctance to comply with evidence based medicine and failure to optimize patient outcomes Decision Making in Veterinary Practice provides the first ever dedicated guide to rational principles for decision making in veterinary practice Rooted in the study of normative ethics it seeks to pose important questions and develop processes by which they can be answered The book promises to transform the clinical performance of clinicians and practices that utilize it Decision Making in Veterinary Practice readers will also find Discussions of key issues based on extensive clinical experience and evidence Detailed discussion of important decision determinants like time of day patient weight criteria for stopping treatment and more Essential insights on clinical decision making and clinical reasoning Decision Making in Veterinary Practice is ideal for all veterinary practitioners veterinary students and clinical skills instructors Decision Making in Veterinary Practice offers expert medical knowledge and an ethical sensibility to illuminate everyday veterinary issues like animal euthanasia treatment of elderly patients and moral stress The result is an unparalleled practical road map to fulfilling the patient advocacy role of the veterinarian I wish I had the benefit of Dr Kipperman s wisdom when I was a young veterinarian All veterinarians should read this terrific book veterinary students new graduates and seasoned professionals Simon Coghlan PhD BVSc University of Melbourne Victoria Australia Decision Making in Veterinary Practice is a detailed and thoughtful discussion of many key aspects of veterinary clinical decision making Drawing from decades of personal experience as an internal medicine specialist and practice owner Dr Kipperman provides numerous realistic case examples to illustrate both the challenges facing clinicians and many potentially helpful strategies for improving decision making and optimizing patient outcomes Brennen McKenzie MA MSc VMD Adobe Animal Hospital Los Altos CA Decision Making in Veterinary Practice is a helpful resource focused on how decisions are made and how decision making can be improved in the interests of veterinary patients It contains many excellent case examples documenting positive and negative outcomes of decisions A unique aspect of this book is its disclosures of Dr Kipperman s experiences as an internist including humble accounts of lessons learned and insights into the moral distress experienced by veterinary specialists Anne Quain BVSc MVetStud Sydney School of Veterinary Science Sydney Australia

Initiating and Sustaining the Clinical Nurse Leader Role James Leonard Harris, Linda Roussel, Patricia L.

Thomas,2016-12-14 Initiating and sustaining the clinical nurse leader role third edition is an essential resource that outlines the role and core values of the clinical nurse leader while simultaneously providing valuable content for the CNL certification exam The third edition features expanded content around the CNL role and offers compelling examples that illustrate the CNL s influence on care coordination health promotion and high performance interprofessional care teams Page 4 de la couverture

The Complete Medical Scribe, E-Book ABC Scribes, LTD,2021-11-16 Expand your career opportunities with this concise all in one guide to a dynamic and growing healthcare career The Complete Medical Scribe A Guide to Accurate Documentation 3rd Edition provides the information you need to document patient health records accurately thoroughly and efficiently Coverage includes activities such as creating a note recording a patient history and review of systems documenting diagnostic tests and therapeutic procedures and noting follow ups for labs or imaging A strong foundational knowledge of anatomy and body systems is emphasized Written by two medical doctors in conjunction with the experts at ABC Scribes this comprehensive resource will prepare you to become an essential member of the healthcare team in a variety of settings Comprehensive coverage includes everything you need to know to work as a medical scribe including medical law and ethics safety and infection control health record documentation billing and reimbursement requirements medical terminology basics and detailed body system coverage Clinical scenarios represent common situations and promote real world application of the scribe s function Case studies with questions test your comprehension and let you apply your knowledge to the clinical setting Review questions and exercises within chapters and online provide opportunities for self quizzing to identify areas of strength and areas of focus Nearly 200 colorful medical illustrations and photos depict subjects such as anatomy and physiology as well as online charting within the electronic health record EHR Detailed instructional videos online simulate medical practice using real doctor patient encounters that progress logically through each part of the EHR Notes boxes emphasize practice dos and don ts along with on the job realities [Against-Medical-Advice Discharges from the Hospital](#) David Alfandre,2018-05-17 This first of its kind text provides a multidisciplinary overview of a significant problem in hospital based healthcare patients who decline inpatient medical care and leave the hospital against medical advice AMA Compared to standard hospital discharges AMA discharges are associated with worse health and health services outcomes Patients discharged AMA have been found to have disproportionately higher rates of substance use psychiatric illness and report stigmatization and reduced access to care By providing a far reaching examination of AMA discharges for a wide academic and clinical audience the book serves as a reference for clinical care research and the development of professional guidelines and institutional policy The book provides both a broad overview of AMA discharges with chapters on the epidemiology ethical and legal aspects as well as social science perspectives For clinicians in the disciplines of hospital medicine pediatrics emergency medicine nursing and psychiatry the book also provides a patient centered analysis of the problem case based discussions and a discussion of best practices This comprehensive review of AMA discharges and health

care quality will interest physicians and other health care professionals social workers hospital administrators quality and risk managers clinician educators and health services researchers Improving Outcomes with Clinical Decision Support

Jerome A. Osheroff, MD, FACP, FACMI, Jonathan M. T, 2012 *Improving Medication Use and Outcomes with Clinical Decision Support*: Jerome A. Osheroff, MD, FACP, FACMI, Editor-in-Chief, 2009 **Clinical Nurse Leaders Beyond the**

Microsystem James L. Harris, Linda A. Roussel, Patricia L. Thomas, 2021-08-04 *Clinical Nurse Leaders Beyond the Microsystem A Practical Guide* Fourth Edition is a core resource for CNLs which imparts the competencies necessary to lead improvement teams analyze data and ensure delivery of quality safety and value based care in any healthcare setting

Legal Aspects of Documenting Patient Care Ronald W. Scott, 2000 This Second Edition Of Our Easy To Use Reference Takes A Risk Management Approach To Patient Care Documentation It Shows Clinicians From A Wide Variety Of Disciplines How To Be Objective Precise Unambiguous And Timely When Documenting Treatment Related Matters The Content Is Written In Straightforward Lay Language And Includes Sample Documentation Forms The New Edition Includes Information On Computerized Documentation Coverage Of Telehealth Issues Updates On JCAHO CARF And NCQA Accreditation And Documentation Problems Specific To Non Hospital And Managed Care Settings *A Comprehensive Guide to Safety and Aging* Barry S. Eckert, Robert Wolf, Amy R. Ehrlich, 2023-06-16 This book is a comprehensive survey on safety for older adults It contains contributions by experts from over a dozen disciplines including physicians audiologists optometrists mental health professionals lawyers occupational therapists and policy makers This multi disciplinary approach provides a new and expansive conceptual framework for health care professionals students policymakers and others who care for older adults and promotes an understanding of the many challenges that adults face as they age This book describes the complex range of issues that need to be considered when safeguarding older adults We hope that this book will be of benefit to anyone currently working or training to work with older adults helping them to fully appreciate the many safety issues that can arise The book will be also be useful for both older adults and their caregivers helping them to identify and address areas of concern Our goal is to mitigate injury or other harm through an increased understanding of the risks encountered by older adults This text will also appeal to professionals and graduate students in the fields of human factors and ergonomics occupational health and safety

The Respiratory Therapist as Disease Manager Harry R Leen, 2019-11-27 Written for both students and practicing clinicians The Respiratory Therapist as Disease Manager is a foundational resource for the Respiratory Therapist who desires to augment their acute care and technical skills with a knowledge base that will enable them to competently perform the duties of a Pulmonary Disease Manager *The Preceptor's Handbook for Supervising Physician Assistants* Randy Danielsen, Ruth Ballweg, Linda Vorvick, Donald Sefcik, 2011-05-27 The Preceptor's Handbook for Supervising Physician Assistants is a helpful guide for clinical preceptors of physician assistant PA students during their educational program and for physicians who supervise PAs in their practice This work encompasses the experience and

passion of four dedicated PA educators with combined experience of over 100 years This indispensable resource addresses current practice as well as future projections and provides guidance for new styles of supervision in evolving health care systems including distance supervision supervision in teams and patterns of supervision in home care and geriatrics Covering a wide variety of topics including supervision in the team environment as well as in individual practice this handbook will provide the physician and physician assistant with the information and skills needed to be an excellent preceptor for students and a supervising clinician for graduate PAs The uniqueness of the physician PA team paves the way for effective physician assistant practice The Preceptors Handbook A Guide to Supervising Physician Assistants presents a comprehensive model to help physicians reap the benefits that PAs bring to their practice their patients and the health care team This clear and accessible resource provides step by step guidelines for building relationships with PAs including tips on how to hire and work effectively with a PA how to give constructive feedback and how to apply coaching strategies The authors all leaders in PA education and practice provide the essential information for building and sustaining a successful physician PA team Janet J Lathrop MBA President National Commission on Certification of Physician Assistants NCCPA Interested in purchasing The Preceptors Handbook A Guide to Supervising Physician Assistants for a group of your students residents preceptors faculty or others Preview sample content on our website ask your Account Specialist about bulk purchase specials for your program Save up to 30% on bulk orders Features Case Studies Job Descriptions Performance Agreements Evaluation Tools Professional Improvement Plans Clinical Rotations Ethics And Professionalism 2012 218 pages Legal, Ethical, and Practical Aspects of Patient Care Documentation Ron W. Scott, 2013 Fourth Edition is the only text to integrate coverage of the legal responsibilities of rehabilitation professionals with basic essential advice on how to effectively document patient care activities from intake through discharge This resource thoroughly covers the basics of documentation and includes many exemplars cases and forms as well as a sample abbreviations used in rehabilitation settings This book covers all the bases from ethics to practical aspects of patient care documentation to relevant and salient legal implications and illustrative case examples that will help students excel in practice **Workbook for Elsevier's Veterinary Assisting Textbook - E-Book** Elsevier, 2024-09-27 Reinforce your understanding of veterinary assisting Corresponding to the chapters in Elsevier's Veterinary Assisting Textbook 4th Edition this workbook provides activities and exercises for additional review and practice of the tasks performed by veterinary assistants With challenging review questions sample cases and more it's an excellent way to master the material and prepare for success on the AVA Exam and in the veterinary clinic Updated content reflects the latest Fear Free™ handling techniques and the veterinary assistant's role in helping owners through pet loss NEW Multiple choice questions in each chapter help you prepare for classroom and certification exams NEW Case scenarios present realistic situations and challenge you to apply what you've learned to answer targeted questions and complete focused activities NEW Hospice Grief and Pet Loss chapter discusses the human animal bond stages of grief and other

principles of the veterinary assistant's role in helping the owner through pet loss EXPANDED Behavior content includes the latest Fear Free™ handling methods UPDATED Drug information covers the newest pharmacologic agents and their uses adverse side effects and dosage forms Comprehensive coverage provides everything you need to prepare for the Approved Veterinary Assistant AVA certification exam Review questions test simple recall and basic comprehension including true false fill in the blank matching and more Identification exercises test visual recognition and knowledge based on content presented in the accompanying textbook in preparation for clinical experiences *Surgical Patient Care for Veterinary Technicians and Nurses* Gerianne Holzman, Teri Raffel, 2015-05-12 *Surgical Patient Care for Veterinary Technicians and Nurses* is a highly practical reference covering all aspects of caring for canine and feline surgical patients Covers all tasks associated with small animal surgical patient care from the initial exam and beyond discharge Offers clear descriptions of common surgical assisting procedures and their etiology Presents 285 full color clinical photographs to demonstrate common surgical instruments and assisting procedures and patient care Includes chapters on the history and physical examination pre operative planning asepsis surgical assisting procedures wound management postoperative care and aftercare Includes access to a companion website with review questions and answers and the figures from the book in PowerPoint *Strategic Management of Health Care Organizations* Linda E. Swayne, W. Jack Duncan, Peter M. Ginter, 2012-07-17 The 6th edition of this established text is streamlined to a more manageable format with the Appendices moved to the web site and a significant shortening of the main text There is a greater focus on the global analysis of industry and competition and analysis of the internal environment In consultation with feedback from their adopters the authors have concentrated on the fundamentals of strategy analysis and the underlying sources of profit This reflects waning interest among senior executives in the pursuit of short term shareholder value As ever students are provided with the guidance they need to strategic planning analysis of the health services environment internal and external and lessons on implementation with additional discussion of organizational capability deeper treatment of sustainability and corporate social responsibility and more coverage of the sources of organizational inertia and competency traps This edition is rich in new examples from real world health care organizations Chapters are brought to life by the Introductory Incidents Learning Objectives Perspectives Strategy Capsules useful chapter summaries and questions for class discussion All cases and examples have been updated or replaced In this edition the teaching materials and web supplements have been greatly enhanced with power point slides to give lecturers a unique resource *Adult-Gerontology Acute Care Practice Guidelines* Catherine Harris, 2023-05-10 Praise for the first edition from Doody's Medical Reviews Score 93 This well developed book provides acute care guidelines for the geriatric population in an easy to follow format that uses structural elements such as numbering and multilevel lists for each system It is an excellent reference for advanced practice prepared clinicians to help identify diagnose and develop a treatment plan for acute health issues in older adults and geriatric patients Tho Nguyen DNP MSN RN Newly updated this evidence based

resource the first of its kind provides NPs PAs and other advance practice providers with the essential clinical knowledge they need to effectively practice adult gerontology acute care The second edition covers 10 new conditions and delivers numerous clinical updates on drugs pain management sedation nutritional management and clinical and screening guidelines Along with relevant information on Covid 19 it examines more acid base and neurological disorders and explains the use of Point of Care Ultrasound POCUS New unfolding case scenarios include questions to reinforce knowledge and step by step procedural videos provide clear detailed guidance The addition of a section on Billing provides clinicians with a working understanding of this process In quick reference format this system based text describes more than 100 common conditions health providers are likely to see in their acute care practice With contributions from NPs PAs and physicians it provides expert insight into each condition enabling readers to categorize symptoms be alert to the distinguishing features of disease symptoms and clusters and locate associated diagnoses This handy text also includes perioperative considerations discharge guidelines treatment and disease management algorithms and procedural guidelines Numerous clinical updates and clinical scenarios incorporated throughout the text validate knowledge and competency Purchase includes digital access for use on most mobile devices or computers New to the Second Edition Provides updated information on drugs pain management moderate sedation nutritional management and clinical and screening guidelines Addresses new conditions Offers current information on Covid 19 Includes additional acid base and neurological disorders Covers Point of Care Ultrasound POCUS Provides brief unfolding case scenarios with questions to reinforce knowledge Addresses the basics of Billing Delivers NEW step by step procedural videos demonstrating arterial line placement digital nerve blocks and lumbar puncture Key Features Presents key points for more than 100 acute care conditions in quick reference format Includes considerations for preoperative intraoperative and postoperative evaluation and management Offers discharge guidelines for inpatient conditions Disseminates over 20 procedural guidelines such as central and arterial line insertion bronchoscopy ECMO endotracheal intubation and more

Small Animal Dental Procedures for Veterinary Technicians and Nurses Jeanne R. Perrone, 2020-08-11 Small Animal Dental Procedures for Veterinary Technicians and Nurses 2nd Edition brings together all aspects of canine feline and exotic animal dentistry for veterinary technicians and nurses Offering complete coverage of all aspects of dental treatment for dogs cats and exotic pets the book describes techniques for veterinary technicians providing dental care The new edition includes brand new information on digital radiology plus updates to current protocols and improved images throughout the book The chapters contained within include in depth coverage of all stages of small animal dental care including Anesthesia Radiology Dental cleaning Common diseases and treatment Equipment needs and maintenance Exotic dentistry Small Animal Dental Procedures for Veterinary Technicians and Nurses includes access to a companion website that provides video clips review questions training exercises forms and editable glossaries This book is an essential and invaluable resource for any veterinary technology student veterinary technician or nurse regularly or

occasionally engaged in small animal dental care Handbook of Clinical Chiropractic Care Lawrence H. Wyatt, 2005 A concise quick access handbook that covers the more common conditions seen in a chiropractic practice A handy reference that provides a library of practical information in a single volume AR 40-66 06/17/2008 MEDICAL RECORD ADMINISTRATION AND HEALTH CARE DOCUMENTATION , Survival Ebooks Us Department Of Defense, www.survivalebooks.com, Department of Defense, Delene Kvasnicka, United States Government US Army, United States Army, Department of the Army, U. S. Army, Army, DOD, The United States Army, AR 40 66 06 17 2008 MEDICAL RECORD ADMINISTRATION AND HEALTH CARE DOCUMENTATION Survival Ebooks **Avian Medicine** Jaime Samour, 2015-11-26 Combining the in depth coverage of a text with the practicality of a clinical manual and the visual detail of an atlas Avian Medicine 3rd Edition is the complete all in one guide to every aspect of avian care Written by some of the world's leading authorities in avian medicine this highly illustrated reference covers a wide variety of avian species including psittacines raptors bustards parrots finches and more Comprehensive coverage includes issues ranging from the basic aspects of patient management to the most sophisticated diagnostic techniques Plus with more illustrations a wealth of practical advice and the latest information on cutting edge treatments and procedures incorporated into this new edition today's general clinician will be fully equipped to effectively and confidently care for all birds Comprehensive coverage of all aspects of clinical management written by leading experts in the field provides readers with a depth and breadth of knowledge on avian medicine and care Coverage of a wide variety of species including raptors bustards and many others enables practitioners to treat a greater assortment of patients with more confidence and skill Bulleted text and tables help present information in an accessible way More than 900 color images give readers a better picture of disease and how it will be encountered in practice Appendices bring together wide ranging data on hematology and blood chemistry reference values commonly used pharmaceuticals and other information relevant to avian practitioners NEW New chapter sections revised references and updated suggested readings ensure that readers have the most up to date information NEW New chapter contributors ensure the information in the text reflects the most current techniques and advances NEW Expanded content on parrots finches and fruit eating birds has been added to the text to make content more relevant to the needs of today's practitioners NEW Thoroughly updated content includes the latest surgical techniques and procedures to keep practitioners on top of the most cutting edge information in the field NEW Additional content and images on MRI have been incorporated throughout the text to complete the coverage of other advanced imaging techniques such as CT scans

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