

**NSW INDEPENDENT TRIAL EXAMS – 2011  
PDHPE PRELIMINARY YR 11 EXAMINATION  
MARKING GUIDELINES**

**Section I – Part A**

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B	C	A	A	D	D	C	B	C	D	C	B	A	B	D

**Section I – Part B**

**Question 16(a)**

Criteria	Marks
• Provides accurate characteristics and features of environmental factors which influence an individual's health	3
• Provides a general sketch of environmental factors and the impact on an individual's health	2
• Provides some relevant information about environmental factors and health	1

*Sample answer:*

- Environmental factors relate to a person's geographical location, access to health services and technology. Disadvantage in one area or a combination of areas is likely to negatively influence a person's level of health.
- People who live in rural areas generally have poorer health outcomes than people living in cities. This is closely linked to a lower socioeconomic status, greater distances required to travel to work and social events, which can increase the risk of injury.
- Extreme climatic conditions can impact on their mental health. There may also be more difficulties in finding emotional support.
- Access to technology may have decreased an individual's health by increasing sedentary hours instead of play. However, it may also enhance health by increasing one's access to information online and allowing people to access health professionals and social circles using webcams and videoconferencing.

**Question 16(b)**

Criteria	Marks
• Demonstrates a sound knowledge of the impact that risk behaviours have on an individual's health in relation to road safety	4
• Clearly applies the concept of multiple risk factors	
• Provides relevant road use examples	
• Sketches in general terms the impact of risk behaviours on an individual's health	2-3
• May provides some information on multiple risk factors	
• Provides road use examples	
• Identifies some information about road safety and risk behaviours	1

*Sample answer:*

- Risk behaviours are those that have been found to contribute to the development of health problems or poorer levels of health.
- Multiple risk behaviours increase the level of harm that young people are likely to experience.
- Road safety examples could include speeding, drink driving, lack of experience, driving while fatigued, not using seatbelts.
- Example: A young person, who is speeding, may have friends in the car who are distracting him/her from the road. This, combined with a lack of experience, may increase the chances of an accident and result in poorer health outcomes for the driver and/or passengers/pedestrians than what may have occurred if the driver was not speeding and in the car alone.

# Yr 11 Prelim Pdhpe Past Papers

**Michael Rajnik**



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