

QUICK REFERENCE TO PSYCHOTROPIC MEDICATIONS®

DEVELOPED BY JOHN PRESTON, Ph.D., ABPP

To the best of our knowledge recommended doses and side effects listed below are accurate. However, this is meant as a general reference only, and should not serve as a guideline for prescribing of medications. Please check the manufacturer's product information sheet or the P.D.R. for any changes in dosage schedule or contraindications. (Brand names are registered trademarks.)

ANTIDEPRESSANTS

Generic	NAMES	Brand	Usual Daily Dosage Range	Sedation	ACH ¹	NE	Selective Action On Neurotransmitters ²	
							5-HT	DA
imipramine	Tofranil		150-300 mg	mid	mid	++	+++	0
desipramine	Norpramin		150-300 mg	low	low	++++	0	0
amitriptyline	Elavil		150-300 mg	high	high	++	++++	0
nortriptyline	Avantyl, Pamelar		75-125 mg	mid	mid	+++	++	0
clomipramine	Anafranil		150-250 mg	high	high	0	++++	0
trazodone	Desynil, Oleptro		150-400 mg	mid	none	0	++++	0
nefazodone	Generic Only		100-300 mg	mid	none	0	+++	0
fluoxetine	Prozac ³ , Sarafem		20-80 mg	low	none	0	++++	0
bupropion	Wellbutrin ⁴		150-400 mg	low	none	++	0	++
sertraline	Zoloft		50-200 mg	low	none	0	++++	+
paroxetine	Paxil		20-50 mg	low	low	+	++++	0
venlafaxine	Effexor ⁵		75-350 mg	low	none	+++	+++	+
desvenlafaxine	Pristiq		50-400 mg	low	none	+++	+++	+
fluvoxamine	Luvax		50-300 mg	low	low	0	++++	0
mirtazapine	Rameron		15-45 mg	mid	mid	+++	+++	0
citalopram	Celexa		10-40 mg	low	none	0	++++	0
escitalopram	Lexapro		5-20 mg	low	none	0	++++	0
duloxetine	Cymbalta		20-80 mg	low	none	++	++	0
vilazodone	Viibryd		10-40 mg	low	low	0	++++	0
atomoxetine	Strattera		60-120 mg	low	low	++++	0	0
vortioxetine	Brindellix		10-20 mg	low	none	+	++++	+
levomilnacipran	Fetzima		40-120 mg	low	none	+++	+++	0
MAO INHIBITORS								
phenelzine	Nardil		30-90 mg	low	none	+++	+++	+++
tranylcypromine	Parnate		20-60 mg	low	none	+++	+++	+++
selegiline	EmSAM (patch)		6-12 mg	low	none	+++	+++	+++

¹ACH: Anticholinergic Side Effects

²NE: Norepinephrine, 5-HT: Serotonin, DA: Dopamine (0 = no effect, ++ = minimal effect, +++ = moderate effect, ++++ = high effect)

³Uncertain, but likely effects

⁴Available in standard formulation and time release (OR, XL, or CR). Prozac available in 90mg time released/weekly formulation

BIPOLAR DISORDER MEDICATIONS

Generic	NAMES	Brand	Daily Dosage Range	Serum ¹ Level	Generic	NAMES	Brand	Dosage	Daily Range	Serum ¹ Level
lithium carbonate	Eskalith, Lithonate		600-2400	0.6-1.5	divalproex	Depakote			750-1500	50-100
clonazepam ²					lamotrigine	Lamictal			50-500	(2)
fluoxetine	Symbyax		6/25-12/50mg ³	2	oxcarbazepine	Trileptal			1200-2400	(2)
carbamazepine	Tegretol, Equetro		600-1600	4-10+						

¹Lithium levels are expressed in mEq/L, carbamazepine and valproic acid levels express in mcg/ml.

²Serum monitoring may not necessary. ³Not yet established. Available in: 6/25, 6/50, 12/25, and 12/50mg formulations

ANTI-OBSESSIONAL

Generic	NAMES	Brand	Dose Range ¹
clomipramine	Anafranil		150-300 mg
fluoxetine	Prozac ¹		20-80 mg
sertraline	Zoloft ¹		50-200 mg
paroxetine	Paxil ¹		20-60 mg
fluvoxamine	Luvax ¹		50-300 mg
citalopram	Celexa ¹		10-40 mg
escitalopram	Lexapro ¹		5-30 mg
vilazodone	Viibryd ¹		10-40 mg

¹Often higher doses are required to control obsessive-compulsive symptoms than the doses generally used to treat depression.

PSYCHO-STIMULANTS

Generic	NAMES	Brand	Daily Dosage ¹
methylphenidate	Ritalin		5-30 mg
methylphenidate	Concerta ²		18-54 mg
methylphenidate	Metadate		5-40 mg
methylphenidate	Methylfen		10-60 mg
methylphenidate	Daytrana (patch)		15-30 mg
methylphenidate	Quilivant XR (liquid) ²		10-60 mg
dexamethylphenidate	Focalin		5-40 mg
dextroamphetamine	Dexedrine		5-40 mg
lisdexamphetamine	Vyvanse		30-70 mg
d- and l-amphetamine	Adderall		5-40 mg
mofetil	Provigil, Sparlon		100-600 mg
armodafinil	Nuvigil		150-250 mg

¹Note: Adult Doses. ²Sustained release

Psychotropic Medication Information Sheets

David Rosenberg, Samuel Gershon



Psychotropic Medication Information Sheets:

Clinical Handbook of Psychotropic Drugs Ric M. Procyshyn, Katelyn Halpape, David D. Kim, 2025-05-12 Quick and comprehensive information on psychotropic drugs for adults Accurate and up to date Comparison charts help decision making Icons and full color Available both in print and online Downloadable patient information sheets More about this book The Clinical Handbook of Psychotropic Drugs has become a standard reference and working tool for psychiatrists psychologists physicians pharmacists nurses and other mental health professionals Independent unbiased up to date Packed with unique easy to read comparison charts and tables dosages side effects pharmacokinetics interactions for a quick overview of treatment options Succinct bulleted information on all classes of medication on and off label indications US FDA Health Canada recommended dosages US and Canadian trade names side effects interactions pharmacodynamics precautions in the young the elderly and pregnancy nursing implications and much more all you need to know for each class of drug Potential interactions and side effects summarized in comparison charts With instantly recognizable icons and in full color throughout allowing you to find at a glance all the information you seek This book is a must for everyone who needs an up to date easy to use comprehensive summary of all the most relevant information about psychotropic drugs Clearly written patient information sheets can be downloaded as printable PDF files from the Hogrefe website after registration New in this edition Antidepressants chapter revised extensively and includes new sections on the selective serotonin 5 HT1A agonist gepirone and difficult to treat depression Antipsychotics chapter includes a new section on the muscarinic agonist antagonist combination Xanomeline trospium chloride a novel treatment that does not block D2 dopamine receptors Major revisions to TGA Dosing and Pharmacokinetics Drugs for Treatment of Dementia chapter includes donanemab infusion Drugs for ADHD comparison table expanded Drugs of Abuse chapter has been revised extensively and includes a new section on Psychedelics and Dissociative Drugs New formulations and trade names include Abilify Asimtufii aripiprazole extended release 2 monthly injection Azstarys serdexmethylphenidate dexamethylphenidate capsules CAMCEVI leuprolide 6 month slow release SC depot injection Drizalma Sprinkle duloxetine capsules Eldepryl selegiline tablets and capsules Eprontia topiramate oral solution Exxua gepirone extended release tablets Ketalar ketamine hydrochloride injection Kisunla donanemab infusion Lybalvi olanzapine samidorphan tablets Onyda clonidine extended release suspension Relexii methylphenidate extended release tablets Secuado asenapine transdermal patch Zurzuva zuranolone capsules

Clinical Handbook of Psychotropic Drugs for Children and Adolescents Dean Elbe, Tyler R. Black, Ian R. McGrane, Sabina Choi, 2023-04-24 Quick and comprehensive information on psychotropic drugs for children and adolescents Accurate and up to date Specific to children and adolescents Charts and tables help decision making Icons and full color More about this book The Clinical Handbook of Psychotropic Drugs for Children and Adolescents is a unique resource to help you make the right choices about psychotropic medications for younger patients The fifth edition of this widely acclaimed reference has been fully updated and expanded

Updated information on psychiatric disorders in children and adolescents Unique comparison charts dosages side effects pharmacokinetics interactions that allow you to see at a glance which medication is the most suitable for each patient Instantly recognizable icons in full color throughout allowing you to quickly find all the information you seek General information on medications availability and indications Drug action dosing pharmacokinetics and related areas Warnings and precautions Patient related information such as lab monitoring recommendations nursing implications and patient advice Clearly written patient and caregiver information sheets as printable pdf files This book is a must for all mental health professionals working with children and adolescents who need an up to date easy to use comprehensive summary of all the most relevant information about psychotropic drugs New in this edition New chapters on Prescribing Safely and Ethically to Children and Adolescents Pharmacogenetic Information for Common Psychotropic Drugs and Aggression Management in Children and Adolescents Neuroscience based nomenclature added to Product Availability tables Antipsychotic Induced Extrapyramidal Side Effect EPSE chapter completely revised plus new section on monitoring scales for EPSE Anxiolytics section on buspirone and benzodiazepine comparison table revised Clinical Handbook of Psychotropic Drugs Kalyna Z. Bezchlibnyk-Butler, 2006 The 16th edition of a comprehensive summary of relevant information about psychotropic drugs Chapters on Bright Light Therapy BLT and Repetitive Transcranial Magnetic Stimulation RTMS are included **Handbook of Psychotropic Herbs** Ethan B Russo, Virginia M Tyler, 2015-12-22 Discover herbal alternatives for the treatment of psychological disorders Reliable and fact filled the Handbook of Psychotropic Herbs A Scientific Analysis of Natural Treatments for Psychiatric Conditions offers psychiatrists psychologists counselors physicians and students in these fields a comprehensive review of the history pharmacology chemistry and uses of medicinal herbs A valuable resource for understanding today s unregulated herbal marketplace this essential guide examines such herbs as ginkgo ginseng kava kava linden German chamomile St John s wort and valerian among others The Handbook of Psychotropic Herbs will help you make a well informed decision on what herbal treatments may be effective and safe for patients or for you Figures show that 30 percent of American adults use herbs The Handbook of Psychotropic Herbs investigates the medical value of over 30 well known herbs through in depth evaluations that will give you a fuller understanding of the uses and misuses of these natural remedies This invaluable guide examines the history use and research findings of each herb The Handbook of Psychotropic Herbs lists the effectiveness of each herb guidelines for its use and any precautions you need to be aware of and also includes the author s recommendations on approved dosages Containing cutting edge information about herbal medicine the Handbook of Psychotropic Herbs will assist readers in making intelligent choices about buying and using herbs Some of the herbs discussed in this reliable and fact filled book include California poppy Chinese and American ginseng kava linden German and Roman chamomile St John s wort lavender damiana passion flower plus many more The Handbook of Psychotropic Herbs contains the history use phytochemistry laboratory and clinical studies and consumer and physician

information for each of these widely used herbs This important book will help you better understand the role of plants in human psychopathophysiology and its treatment enlightening you about alternative and proven herbal options for medical care A Behavioral Science Book Club Main Selection **Drug-induced Dysfunction in Psychiatry** Matcheri S. Keshavan, John S. Kennedy, 1992 Discusses the general principles of therapeutics focusing on how to avoid or deal with adverse drug effects It includes details on adverse neuropsychiatric effects of drugs used in psychiatry and also looks at non neurological syndromes related to The Social Worker & Psychotropic Medication Kia J. Bentley, Joseph F. Walsh, 2001 This book is a practical and useful resource for social work students and practitioners as they fill and expand their daily roles in psychiatric medication management The authors provide readers with the information they need to be aware articulate and active with respect to client s medication related dilemmas but also mindful of the sociopolitical context of prescription practice in psychiatry All the facts myths and relevant information about psychotropic medication are presented to social workers in an easy to access manner Professionals and students alike will find this book to be a practical resource that helps them to be more responsive to the medication related concerns of their mental health clients and to work more collaboratively on these issues with families and other mental health care providers Rich in case examples and within a contemporary framework of partnership practice this book provides an up to date primer on psychopharmacology and a review of psychosocial interventions Handbook of Clinical Psychopharmacology for Therapists John Preston, John H. O'Neal, Mary C. Talaga, 2010 This sixth edition of The Handbook of Clinical Psychopharmacology is a must have resource for therapists who need the most up to date information on the effects side effects and best uses of every psychoactive medication *Pharmacotherapy for Child and Adolescent Psychiatric Disorders* David Rosenberg, Samuel Gershon, 2002-08-27 The Second Edition of Pharmacotherapy for Child and Adolescent Psychiatric Disorders contains new and expanded chapters on combination therapy pharmacoepidemiology pharmacoeconomics current social ethical and legal issues surrounding the administration of psychostimulants and antidepressants to children and teenagers serotonin reuptake inhibitors and discusses techniques to select the most appropriate drug and dosing schedule methods to adjust safely and tailor medical treatments for children during various stages of growth and development the effect of psychoactive drugs on cardiac function Offering nearly 3000 contemporary references to facilitate further research Pharmacotherapy for Child and Adolescent Psychiatric Disorders Second Edition is a timely and authoritative guide suitable for psychiatrists psychologists pediatricians pharmaceutical and behavioral scientists clinical neurologists primary care physicians social workers and graduate and medical school students in these disciplines **Child and Adolescent Clinical Psychopharmacology Made Simple** John Preston, John H. O'Neal, Mary C. Talaga, 2010 Child and Adolescent Psychopharmacology Made Simple Second Edition is organized by disorder and focuses on those problems most commonly encountered in young people disorders like ADD depression and bipolar disorder anxiety learning disorders and psychotic disorders like schizophrenia and borderline

personality disorder Each chapter includes diagnosis criteria for each problem treatment indications and contraindications and notes for monitoring evaluation and follow up care The book identifies popular classes of drugs by brand and generic names and provides fact sheets that therapists can offer to parents or that parents can show to those doctors who may need more information to make sound treatment decisions This revised edition includes new research and medication information updates to the section detailing the relationship between antidepressants and suicide risk and new sidebars that explain each medication's side effects and signs of toxicity

Helping Parents and Teachers Understand Medications for Behavioral and Emotional Problems Edited by Mina K. Dulcan M.D., Rachel R. Ballard M.D., 2015-03-20 Now in its fourth edition Helping Parents and Teachers Understand Medications for Behavioral and Emotional Problems is an extremely useful and user friendly compendium of information sheets for parents and teachers of children and adolescents who are being prescribed medications for psychiatric disorders The book is designed for a diverse audience of psychiatrists pediatricians and neurologists as well as for schools therapists and libraries Individual information sheets on specific medications prescribed for the child or adolescent patient can be downloaded printed and given to parents and teachers to help them understand the drug's purpose possible side effects potential interactions with food and medications and other factors This new edition has been thoroughly updated and the number of drugs covered has been expanded by more than 20% over the previous edition Written in an accessible style that laypeople will find easy to understand Helping Parents and Teachers Understand Medications for Behavioral and Emotional Problems provides accurate and timely information that promotes understanding and helps ensure patient adherence and safety

A Consumer's Guide to Psychiatric Drugs John Preston, 2008-12-30 Now fully revised and updated this essential guide provides comprehensive coverage of the latest treatments for anxiety mood and psychotic disorders

The Maudsley Prescribing Guidelines in Psychiatry David Taylor, Carol Paton, Shitij Kapur, 2015-02-23 The essential reference for anyone responsible for prescribing drugs for patients with mental health disorders Widely and regularly used the place to check for all relevant information on which drugs to prescribe which side effects to look out for how best to augment or switch drugs such as antipsychotics antidepressants and anxiolytics The book provides brief but detailed reviews of psychiatric disorders and relevant psychopharmacology with general guidance based on the data reviewed and current clinical practice Sections cover plasma monitoring schizophrenia bipolar disorder depression anxiety children and adolescents substance abuse and special patient groups Each section has a full reference list so that the evidence base can be checked quickly if required The book covers prescribing drugs outside their licensed indications and their interaction with substances such as alcohol nicotine and caffeine Trainees will gain important information regarding the rational safe and effective use of medications for patients with mental illness Experienced clinicians will find excellent guidance regarding more complex issues that they may not encounter regularly

Textbook of Hospital Psychiatry Steven S. Sharfstein, 2009-02-20 With decreases in lengths of hospital stay and increases in alternatives

to inpatient treatments the field of hospital psychiatry has changed dramatically over the past 20 years As the first comprehensive guide to be published in more than a decade the Textbook of Hospital Psychiatry is a compilation of the latest trends issues and developments in the field The textbook written by 70 national experts and clinical specialists covers a wide range of clinical and administrative topics that are central to today s practice of hospital psychiatry This is the only textbook on the market today that provides information for psychiatric hospital clinicians and administrators in a single all inclusive volume It covers information not generally available in other textbooks and medical journals touching on a variety of cutting edge issues such as safety improvement use of seclusion and restraint suicide prevention and culturally competent psychiatric care The book s 35 chapters are divided into four parts Part I Inpatient Practice focuses on specialty psychiatric units e g acute stabilization unit eating disorders unit forensic unit child unit including the many psychopharmacological and psychosocial treatments used within each This section also touches on specialized treatment for patients with co occurring problems such as substance abuse developmental disabilities and legal difficulties Part II Special Clinical Issues covers clinical issues from the perspective of different populations consumers families suicidal patients This section also examines the recent trend toward patient centered care Part III The Continuum of Care addresses psychiatric services within the community such as rehabilitation programs day hospitals and emergency services It discusses the importance of understanding hospital based treatment within the broader perspective of patients lives Part IV Structure and Infrastructure focuses on such often overlooked topics as financing of care risk management electronic medical records and the actual architecture of psychiatric hospitals as well as the roles of psychiatric hospital administrators psychiatric nurses and psychiatrists and psychologists An invaluable resource for both clinicians and administrators as well as a comprehensive teaching tool for residents the Textbook of Hospital Psychiatry is a must have for all professionals who work in psychiatric settings

The Social Worker and Psychotropic Medication Kia J. Bentley, Shannon Hughes, Joseph Walsh, 2023-09-05 A generation of social work students has benefited from Kia Bentley and Joseph Walsh s practical approach to the social worker s role in psychopharmacology New coauthor Shannon Hughes brings even more fresh ideas to the updated Fifth Edition Important updates include updated and expanded drug information and tables including names typical dosages potential adverse effects as well as never before included FDA approval information updated content on psychogenomics as well as added new content on medication use with sexual minorities and gender diverse people more explicit criticisms of the chemical imbalance theory and the use of the term anosognosia more comprehensive guidelines for talking to children parents and teachers about psychiatric medication expanded content on shared decision making including a presentation on what we think truth telling about medication looks like in the 21st century explicit content on the centrality of avoiding both subtle and overt coercion new section on medication discontinuation and deprescribing and the role of social work in supporting these trends expanded section on prescription writing privileges to account for the recognition of physician

assistants nurse practitioners and pharmacists in those roles new section on the use of psychedelics in psychiatry acknowledgement of the potential impact of the COVID 19 pandemic and telemedicine on the future of both social work and psychopharmacological practice significantly increased attention to the human rights social justice interface of social work and psychopharmacology *Practical Psychopharmacology* Joseph F. Goldberg, Stephen M. Stahl, 2021-04-29 A practical guide translating clinical trials findings across major psychiatric disorders to devise tailored evidence based treatments

Pharmacotherapy of Child and Adolescent Psychiatric Disorders David Rosenberg, Samuel Gershon, 2012-03-12 This book fulfils an urgent need for an updated text on pediatric psychopharmacology It takes a unique approach in discussing recent findings within the context of current issues including economic and political ones The book covers the emerging question of treating children who do not yet meet diagnostic criteria for psychosis e g schizophrenia or bipolar disorder but who are deemed to be at high risk This is an active area of debate such children are being treated in certain centers while others reject this completely The book addresses the antidepressant controversy the placebo response and unique strategies for delineating this and ways to optimize the differential between active medication and placebo It reviews the impact of recent American Heart Association guidelines for monitoring children on stimulants and other psychotropics It adheres closely to DSM IV diagnostic criteria throughout The book describes the use of newly approved drugs such as Lexapro for treating adolescent depression and the novel compound Intuniv It covers the TADS and CAMS studies which evaluated the use of SSRIs alone and in combination with cognitive behavioral therapy for adolescent depression Other topics include treatment of bipolar disorders the increasing popularity of generic equivalents combination pharmacotherapy and the potential dangers of psychotropic medications Third edition of the first ever book published on pediatric psychopharmacology from renowned editors Incorporates current developments with regard to SSRIs their indications and their safety issues including possible associated suicidal behavior Addresses concerns about cardiovascular side effects of the new stimulant medications available and compares to other FDA approved medications for ADHD Features many tables figures and pictorials making it highly accessible and reader friendly *Clinical Psychopharmacology Made Ridiculously Simple* John Preston, Psy.D, ABBP, Bret A. Moore, Psy.D., ABBP, 2023-07-12 This new edition includes thoroughly revised and updated information on the latest medications and guidelines when treating psychological disorders Includes new sections discussing Neurobiology and Cultural Influences on Psychopharmacology A brief practical review of the indications for and use of pharmacological agents in the treatment of psychological disorders Successful medical treatment of emotional and mental disorders depends on two factors 1 A thorough knowledge of psychotropic medications and 2 an accurate diagnosis Both issues are addressed in this book in a practical and concise format Case examples Chapter on over the counter medications and dietary supplements Up to date DSM 5 classification of psychological disorders **Department of Defense Authorization for Appropriations for Fiscal Year 2015 and the Future Years Defense Program: Personnel**

United States. Congress. Senate. Committee on Armed Services, 2015 **Cognitive-Behavioral Therapy for Adult Asperger Syndrome, First Edition** Valerie L. Gaus, 2007-08-10 This book has been replaced by Cognitive Behavioral Therapy for Adults with Autism Spectrum Disorder Second Edition ISBN 978 1 4625 3768 6 Psychologists' Psychotropic Drug Reference Louis A. Pagliaro, Ann Marie Pagliaro, 2020-03-26 First published in 1998 The purpose of this book is to provide prescribing psychologists and psychology students with an accurate and authoritative reference for psychotropic drugs that are commonly available for clinical prescription in North America The reference is particularly directed for use by psychologists and psychology students who already have or are currently developing their professional expertise and responsibilities in the prescription and management of psychotropic pharmacotherapy as an adjunct to their psychotherapy The Reference lists detailed drug monographs for over 100 different prescription psychotropic drugs available in North America Thus this reference is the most comprehensive psychotropic drug reference for clinical psychologists currently available Each psychotropic monograph is clearly and concisely written to only reflect essential and important data that are commonly required by prescribing psychologists Whenever available and appropriate each monograph includes phonetic pronunciation up to five common trade or brand names pharmacologic or therapeutic classification and subclassification United States Drug Enforcement Agency USDEA schedule designation for abuse potential recommended dosages for adults children and the elderly helpful and important notes regarding methods of administration relative contraindications clinically significant drug interactions and more It is hoped that by using the information presented in this book prescribing psychologists and psychology students will be better able to provide their patients with the maximum benefits of adjunctive pharmacotherapy with a minimum of adverse and toxic effects

Adopting the Beat of Phrase: An Psychological Symphony within **Psychotropic Medication Information Sheets**

In a global taken by displays and the ceaseless chatter of immediate transmission, the melodic elegance and mental symphony produced by the published term frequently disappear in to the back ground, eclipsed by the persistent noise and disturbances that permeate our lives. But, set within the pages of **Psychotropic Medication Information Sheets** an enchanting fictional prize full of fresh feelings, lies an immersive symphony waiting to be embraced. Constructed by an outstanding composer of language, that captivating masterpiece conducts visitors on a psychological trip, skillfully unraveling the concealed tunes and profound affect resonating within each cautiously constructed phrase. Within the depths of this moving examination, we will investigate the book is main harmonies, analyze their enthralling writing design, and submit ourselves to the profound resonance that echoes in the depths of readers souls.

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