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Study Guide



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web grundlagen gemäss ayurveda wird der mensch als mikrokosmos und somit als ebenbild des makrokosmos betrachtet das universum mit seinen fünf elementen Äther luft feuer wasser und erde wird im menschlichen organismus widerspiegelt aus den fünf elementen gehen drei sich ergänzende regelsysteme doshas hervor die den menschlichen

web einführung in den ayurveda der ayurveda ist ein großes traditionelles medizinsystem aus indien heutzutage ist der ayurveda hochaktuell weil sich unter seiner logik alle erkrankungen einordnen und behandeln lassen

web ayurveda oder ayurweda sanskrit m āyurveda wissen vom leben von veda wissen ist eine traditionelle indische heilkunst die bis heute viele anwender in indien nepal und sri lanka hat in asien insbesondere in indien wird ayurveda als heilmethode auch akademisch gelehrt und von großen teilen der bevölkerung akzeptiert