

Thomas A. Hutchinson  
*Editor*

# Whole Person Care

A New Paradigm  
for the 21st Century



Springer

# Whole Person Care A New Paradigm For The 21st Century

**Ronald E. Anderson**



## **Whole Person Care A New Paradigm For The 21st Century:**

**Whole Person Care** Tom A. Hutchinson, 2011-05-06 A ground breaking new volume and the first of its kind to concisely outline and explicate the emerging field of whole person care process Whole Person Care A New Paradigm for the 21st Century organizes the disparate strains of literature on the topic It does so by clarifying the concept of whole person and also by outlining the challenges and opportunities that death anxiety poses to the practice of whole person care Whole person care seeks to study understand and promote the role of health care in relieving suffering and promoting healing in acute and chronic illness as a complement to the disease focus of biomedicine The focus is on the whole person physical emotional social and spiritual Using concise easy to read language the early chapters offer practitioners a thorough understanding of the concepts skills and tools necessary for the practice of whole person care from a clinician patient interaction standpoint while the last two chapters review the myriad implications of whole person care for medical practice An invaluable resource for all areas of medical practice and for practitioners at all stages of development from medical students to physicians and allied health providers with many years of experience Whole Person Care A New Paradigm for the 21st Century will have a profound impact on western medical practice in North America and elsewhere Whole Person Care Tom A.

Hutchinson, 2011-10-19 A ground breaking new volume and the first of its kind to concisely outline and explicate the emerging field of whole person care process Whole Person Care A New Paradigm for the 21st Century organizes the disparate strains of literature on the topic It does so by clarifying the concept of whole person and also by outlining the challenges and opportunities that death anxiety poses to the practice of whole person care Whole person care seeks to study understand and promote the role of health care in relieving suffering and promoting healing in acute and chronic illness as a complement to the disease focus of biomedicine The focus is on the whole person physical emotional social and spiritual Using concise easy to read language the early chapters offer practitioners a thorough understanding of the concepts skills and tools necessary for the practice of whole person care from a clinician patient interaction standpoint while the last two chapters review the myriad implications of whole person care for medical practice An invaluable resource for all areas of medical practice and for practitioners at all stages of development from medical students to physicians and allied health providers with many years of experience Whole Person Care A New Paradigm for the 21st Century will have a profound impact on western medical practice in North America and elsewhere **Communities of Health Care Justice** Charlene

Galarneau, 2016-11-03 The factions debating health care reform in the United States have gravitated toward one of two positions that just health care is an individual responsibility or that it must be regarded as a national concern Both arguments overlook a third possibility that justice in health care is multilayered and requires the participation of multiple and diverse communities Communities of Health Care Justice makes a powerful ethical argument for treating communities as critical moral actors that play key roles in defining and upholding just health policy Drawing together the key community

dimensions of health care and demonstrating their neglect in most prominent theories of health care justice Charlene Galarneau postulates the ethical norms of community justice In the process she proposes that while the subnational communities of health care justice are defined by shared place including those bound by culture religion gender and race that together they define justice As she constructs her innovative theorization of health care justice Galarneau also reveals its firm grounding in the work of real world health policy and community advocates Communities of Health Care Justice not only strives to imagine a new framework of just health care but also to show how elements of this framework exist in current health policy and to outline the systemic conceptual and structural changes required to put these justice norms into fuller practice *The Oxford Handbook of Ethics at the End of Life* Stuart J. Youngner, 2016 This handbook explores the topic of death and dying from the late twentieth to the early twenty first centuries with particular emphasis on the United States The chapters examine a range of ethical topics related to death dying palliative care and decision making at the end of life

### **Cultivating Empathy: Inspiring Health Professionals to Communicate More Effectively (Revised Edition)**

Kathleen Stephany, 2022-01-04 Research demonstrates that even if empathy the capacity to perceive or share emotions with other beings or objects is not part of a person's communication skill set it can be taught Empathy can therefore be viewed as an acquired communication skill Cultivating and practicing the skill of empathy among health care providers enhances the quality of care experienced by their patients which in turn can even improve work satisfaction for health care providers Many communication textbooks or manuals for care giving professions primarily focus on specific communication skills and techniques Cultivating Empathy takes a different approach the book sets empathy as the foundation of all therapeutic interactions and teaches the reader to learn the art of empathy by using constructive approaches and research findings from social sciences and neuroscience Cultivating Empathy is perfect for any student or practicing health care professional who has felt that there was an absence of rapport when interacting with clients or patients and their families Real case narratives dynamic interactive exercises and simulation techniques are also provided in this text to assist helpers to learn how to be more empathetic Readers will gain awareness about human and emotional aspects of patient care which will hopefully make a positive contribution to their professional practice **Palliative Care Nursing: Principles and Evidence for Practice**

Catherine Walshe, Nancy Preston, Bridget Johnston, 2018-05-18 What can nurses do to support those receiving palliative care How do you ensure clear communication and maintain patients and families preferences Palliative Care Nursing is essential reading for nursing students professional nurses and other health and social care professionals providing supportive and palliative care to those with advanced illness or who are towards the end of life This third edition of the acclaimed textbook has been extensively revised and examines important research studies key debates around care and strategies to advance palliative care nursing In four sections the book covers key elements of nursing practice towards the end of life Defining the palliative care patient Providing palliative nursing care Caring around the time of death Challenging issues in palliative care

nursing Leading authors address contemporary issues and explore how to provide high quality person centred palliative care encouraging application to practice through exercises and case studies Chapters completely reworked or new for this edition include those on communication living with uncertainty bereavement care the costs of caring nurses decision making and capacity and palliative care worldwide The clarity of evidence presented and coverage of a diverse range of topics make this the foundational textbook for all studying palliative care at pre registration level postgraduate level or as part of CPD study With a foreword by last edition editor Professor Sheila Payne Lancaster University UK I welcome this third edition of Palliative Care Nursing and congratulations to the new team who have provided us with a dynamic and innovative development of a core text for palliative nursing practice As the largest workforce in palliative care and given the changing face of clinical practice for nurses including increased educational opportunity and expanding roles and responsibilities this book is timely in its focus on critical issues which frame and scope the reality of palliative care and the nursing contribution to that discipline The learning exercises in particular offer tools for educators and clinicians to reflect on practice and understand new ways of knowing in palliative care It will be an excellent resource for nursing both in the UK and Ireland and to the wider international audience having drawn on the breadth of global nursing expertise to bring this book together Philip Larkin Professor of Clinical Nursing Palliative Care University College Dublin and Our Lady s Hospice and Care Services Dublin Ireland President European Association for Palliative Care This is a book of substance that captures the current status of palliative nursing including the values and research evidence that underpin it The changing nature of palliative nursing as an evidence based specialism is balanced with practical skills and insights from experts and also considers the needs of those working with or concerned about the dying person s well being It covers a range of challenging issues as well as drawing on the wisdom of those who actually undertake this work on a daily basis I hope that students and practitioners from all disciplines will find this a useful resource to understand the art and craft of good palliative nursing Professor Daniel Kelly Fellow of the Royal College of Nursing and Royal College of Nursing Chair of Nursing Research Cardiff University UK

**Trauma-informed Care for Nursing Education: Fostering a Caring Pedagogy, Resilience & Psychological Safety** Kathleen Stephany, 2024-05-03 Trauma informed care is designed to assist persons who have experienced adversity and focuses on change at the clinical and organizational level Its goals center around prevention intervention and treatments that are evidence based encourage resilience and enhance coping This textbook is designed to give a comprehensive overview of trauma informed care to students and faculty involved in nursing care programs Key features Explains the skill sets to assess and care for persons who have experienced trauma Emphasizes key principles of trauma informed care Includes the use of client centered person centered and resilience based tools to deal with trauma Recommends trauma recovery from a positive psychology and post traumatic growth perspective Utilizes a caring pedagogy intended to foster resilience and help offset the secondary traumatic stress and compassion fatigue experienced by student

and practicing nurses Communicates the value of fostering psychological safety compassion satisfaction and joy in work Includes narrative case studies and learning activities in all chapters to help the reader to actively engage with the subject matter Presents self care strategies to enhance physical and emotional well being *The Poetics of Palliation* Brittany Pladek,2019 The Poetics of Palliation argues that Romanticism developed richer literary therapies than its contemporary reception remembers By reading Romantic writers against Georgian medical ethics Poetics recovers their models of literature as comfort and sustenance challenging a health humanities tradition that sees literary therapy primarily as cure

**Communicating Quality and Safety in Health Care** Rick Iedema,Donella Piper,Marie Manidis,2015-08-11 Written by prominent and internationally renowned scholars Communicating Quality and Safety in Healthcare engages healthcare trainees from across medicine nursing and allied health services in a comprehensive and probing discussion of the communication demands that confront today s healthcare teams **Innovations in Global Mental Health** Samuel O. Okpaku,2021-11-02 Over the course of the last decade political and mental entities at large have embraced global mental health the idea that psychiatric health is vital to improved quality of life Physicians globally have implemented guidelines recommended by the National Institute of Mental Health NIMH in 2007 thereby breaking down barriers to care and improving quality of life in areas where these practices have been implemented Programs for training and education have expanded as a result Clinicians benefit more from both local resources in some regions as well as in international collaboration and technological advancements Even amidst all of these positive outcomes clinicians still face some stumbling blocks With worldwide statistics estimating that 450 million people struggle with mental neuropsychiatric and neurological disorders 25 percent of the world s non communicable disease burden rising to these challenges prove to be no small feat even in wealthy Western nations Various articles and books have been published on global mental health but few of them thoroughly cover the clinical research innovative and social implications as they pertain to psychiatry often only one of these aspects is covered A comprehensive text that can keep pace with the rapidly evolving literature grows more and more valuable each day as clinicians struggle to piece together the changes around the world that leave open the possibility for improved outcomes in care This book seeks to boldly rectify this situation by identifying innovative models of service delivery training education research funding and payment systems that have proven to be exemplary in implementation and scalability or have potential for scalability Chapters describe specific barriers and challenges illuminating effective strategies for improved outcomes This text is the first peer reviewed resource to gather prestigious physicians in global mental health from around the world and disseminate their expertise in the medical community at large in a format that is updateable making it a truly cutting edge resource in a world constantly changed by medical scientific and technological advances Innovations in Global Mental Health is the ultimate resource for psychiatrists psychologists primary care physicians hospitalists policy makers and all medical professionals at the forefront of global mental health and its implications for the

future Global Perspectives on Micro-Learning and Micro-Credentials in Higher Education Omona, Kizito, O'dama, Modest Kayi, 2024-02-27 In the rapidly evolving landscape of higher education where the acquisition of knowledge is a lifelong pursuit educators and institutions are redefining the paradigms of learning through innovative approaches Global Perspectives on Micro Learning and Micro Credentials in Higher Education delves into the intricate tapestry of contemporary education where the convergence of advanced pedagogies and cutting edge technologies is reshaping traditional boundaries As the realms of chatbots gamification and hybrid learning intersect a new era of holistic education emerges seamlessly blending theoretical prowess with experiential wisdom The book unfurls with meticulous exploration of pivotal themes embracing the nuanced realms of instructional design learning analytics and library services tailored for the modern educational era From the granular landscapes of microlearning to the macroscopic view of global teacher retention strategies the book leaves no stone unturned This book is a symphony of intellectual rigor orchestrated to resonate with educators administrators researchers and all stakeholders vested in the future of learning **Teaching Medical**

**Professionalism** Richard L. Cruess, Sylvia R. Cruess, Yvonne Steinert, 2016-03-29 This book presents ideas and guidance about human development to enhance medical education's ability to form competent and responsible physicians

**Crossing Over** David Barnard, Anna Towers, Patricia Boston, Yanna Lambrinidou, 2023 Twenty richly detailed narratives vividly bring to life the experiences of dying and bereavement in Crossing Over weaving together emotions physical symptoms spiritual concerns and the stresses of family life as well as the professional and personal challenges of providing hospice and palliative care *Handbook of Psychiatry in Palliative Medicine* Harvey Max Chochinov, William Breitbart, 2023 Written by internationally known psychiatry and palliative care experts the Handbook of Psychiatry in Palliative Medicine addresses the psychological and spiritual challenges faced by patients and their families This edition is an essential reference for all providers of palliative care **Psychiatric Care of the Medical Patient** Barry S. Fogel, Donna B. Greenberg, 2015

This is the third edition of a classic textbook of medical psychiatry It is intended to be read as well as referred to Its scope is broad including such topics as herbal and nutritional treatments management of conflicting second opinions and adapting the physical examination to the medical psychiatric context It combines critical analysis of the published literature with expert clinicians' personal syntheses It provides the reader with both practical knowledge and enduring perspectives on integrating psychiatric and general medical care *Physicianship and the Rebirth of Medical Education* J. Donald

Boudreau, Eric J. Cassell, Abraham Fuks, 2018 This book reimagines the education of medical students in its entire scope from first year to graduation The educational blueprint presented here rests on a new definition of sickness one focused on impairments of function as the primary issue of concern for both patients and their care givers This perspective avoids the common shift of medical attention from persons to diseases and thus provides the basis for an authentic and robust patient centered mindset World Suffering and Quality of Life Ronald E. Anderson, 2015-02-04 This is the first book tackling the

topic of world suffering It compiles in one place the ideas perspectives and findings of researchers from around the world who pioneered research based understanding of human suffering Some chapters use the paradigm of quality of life to explore ways to enhance knowledge on suffering Other chapters show how concepts and knowledge from suffering research can benefit studies on quality of life By bringing together in one volume ideas and research experience from the best minds and leading researchers in the fields of pain suffering poverty deprivation disability and quality of life including well being and happiness this volume advances social science solutions to a number of major threads of research most notably suffering As a whole the volume advances the fields of suffering and deprivation by suggesting a working typology of suffering and by pointing out the major paradigms for relief of suffering such as humanitarianism human rights caring and healing This volume provides a wealth of insights about the interaction between suffering and quality of life the most up to date characterization of worldwide suffering and a grasp of the implications of these data for local and global policy on health and social well being

Dementia and Society Mathieu Vandenbulcke,Rose-Marie Dröes,Erik Schokkaert,2022-06-09 Dementia is increasingly being recognised as a public health priority and poses one of the largest challenges we face as a society At the same time there is a growing awareness that the quest for a cure for Alzheimer s disease and other causes of dementia needs to be complemented by efforts to improve the lives of people with dementia To gain a better understanding of dementia and of how to organize dementia care there is a need to bring together insights from many different disciplines Filling this knowledge gap this book provides an integrated view on dementia resulting from extensive discussions between world experts from different fields including medicine social psychology nursing economics and literary studies Working towards a development of integrative policies focused on social inclusion and quality of life Dementia and Society reminds the reader that a better future for persons with dementia is a collective responsibility

*Palliative Care Nursing as Mindfulness* Lacie White,2022-05-25 As nurses we hear about mindfulness all the time but what does that actually mean in practice In this book readers are invited into conversation to explore how mindfulness influences palliative care nurses approaches to caring for themselves and others through experiences of living dying Under the guise of stress reduction and self care the assumption often made is that mindfulness can smooth out difficult experiences Instead the objective of this inquiry is not to bypass the practice of caring in those spaces that are really hard but to understand how nurses are working directly within them Calling out from the shadows and our bodies the intensity of palliative care nursing practice arises In this text a dialogue unfolds of nurses caring in deeply meaningful practice environments while searching for ground that is perpetually shifting uncertain and fraught with suffering and strong emotion Integrating literature across nursing sociology and contemplative scholarship evocative stories from palliative care nurses lead in this conversation their words in italics showing how they are guided into action through connection with in their bodies At other times stories show how nurses are taking pause and drawing on various somatic practices to unravel entanglements that touch on their own humanity These stories also offer insight into



how systemic forces across educational and organizational institutions are either enhancing or constraining the way nurses engage mindfulness as a relationally embodied ethic of care This insightful volume is not a how to guide rather it is a timely resource exploring approaches for palliative care nurses to care for themselves and others with mindfulness and compassion Those seeking nuanced perspectives particularly in relation to embodying mindfulness through suffering and strong emotion will be drawn to this text Qualitative researchers studying emotionally sensitive topics may also find inspiration in the narrative arts based and embodied methods that shape this inquiry     *Being a Doctor* Hamish Wilson, Wayne Cunningham, 2014-09-20 Being a Doctor is much more than simply providing medical care This book aims to increase the resilience and wellness of doctors helping the profession to provide better care for patients through a deep and thoughtful approach to clinical work It explores areas that can challenge clinicians in all stages of their career the doctor patient relationship adverse outcomes the heartsink experience and functional illness The authors also introduce self care of the doctor and patient safety two important issues for modern medicine This is a unique text that draws links between the philosophy of modern medicine and clinical tasks such as consulting skills the doctor patient relationship patient safety reflective practice and doctors self care It is written in an accessible style and is firmly grounded in real life clinical and teaching experience The authors believe each doctor as a person is inseparable from the task of delivering medical care Enhancing our ability to deliver that care is essential for patients communities and society Just as patients need whole person care the profession needs whole person doctors Being a doctor and deriving meaning from clinical experience are at the heart of this book

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