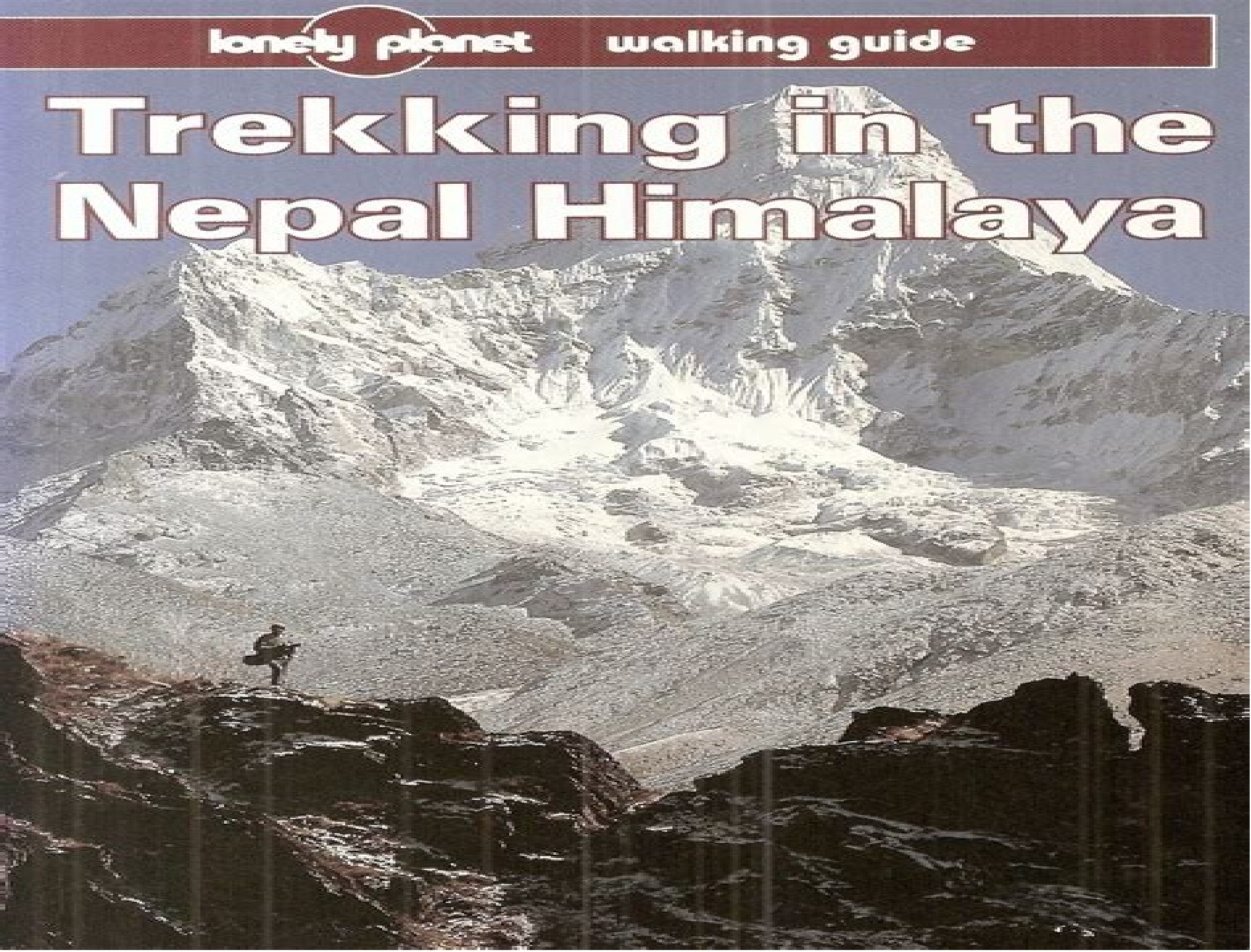


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New features of the 8th edition include Expanded coverage of areas outside of the primary trekking routes as well as of less traveled routes near major trailheads New details on trekking in the Everest Annapurna and Langtang regions New DIY information for independent exploring how to make contact with villagers use local maps find porters and guides understand pricing guidelines and arrange travel necessities such as water purification and meals **Trekking in the Nepal**

Himalaya Bradley Mayhew, Joseph Bindloss, 2009 Colour section details life on the trail from teahouses to prayer wheels Everything you need to know to get prepared Comprehensive listings of teahouses lodges and camp sites along the way Lonely Planet knows the Nepal Himalaya Enjoy the high passes breathtaking landscapes and exhilarations of trekking in Nepal with Lonely Planet Whether you want to make a tilt at Everest Base Camp reach remote Tibetan villages or circuit sacred lakes this guide lets you light out for the roof of the world **Trekking In Nepal** Stuart Butler, David

Ways, 2019-04-29 Horizon Guides Trekking in Nepal is your one stop guide to the best hiking and trekking routes in Nepal This guide provides the inspiration and practical information you need to begin planning a trekking in Nepal trip We look at the different trekking regions of Nepal with detailed guides and maps to each route The guide examines the different trekking permits you'll need looks at organised versus solo trips and provides resources on what to pack and when to go In this guide In depth travel planning guide to trekking in Nepal routes Practical resources on how to plan book and experience a trip to Nepal Route maps highlighting potential itineraries Guidance on when to visit and what to experience Our Trekking in Nepal guide is designed to help travellers learn more about how to plan a trip to Nepal Get inspired by our first hand experiences and get planning with our in depth guides *Trekking in the Nepal Himalayas* Stan Armington, 1991-07-01

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