

Texting While Driving is Dangerous

10 pages | 2308 words

A split second is all it takes to send a text. A split second is all it takes to end a life. Most of us don't think of the dangers that can occur when sending a text while driving. Imagine a sixteen year old teenager, driving on the roads; all of a sudden the teen receives a text from a friend. A split second later, an accident occurs; the teen that couldn't wait to send a text has just slammed into the back of a semi-truck; this accident ends the life of a kid that had so much life left to live. The grieving family is left to wonder how this tragedy could have been prevented. The answer is not as easy as it seems: stop everyone from texting while driving. An accident occurring because of a person sending a text while driving is like shooting a gun, except the gun is a two ton gun in the form of a car. Under New York State law you cannot use a hand-held mobile telephone or send a text or an email while you drive.

If you use a hand-held mobile telephone while you drive (except to call 911 or to contact medical, fire or police personnel about an emergency) or use a device to text or send email, you can receive a traffic ticket and be subject to a fine and a surcharge. Conviction of a cell phone use or texting violation will also result in points being added to your DMV driving record. If you receive 11 points in an 18 month period, ones driver license may be suspended (New York Department of Motor Vehicles). Another way one's life may be impacted permanently is their license may be revoked as to where they can't get it back. Hosking and colleagues (2009) investigated the effects of using a cell phone on the driving performance of young novice drivers. Twenty inexperienced drivers used a cell phone to retrieve and send text messages while driving a simulator. The researchers found when text messaging drivers spent up to approximately 400% less time looking at the road as compared to time looking at the road recorded in baseline (non-text-messaging) conditions.

Additionally, text messaging drivers variability in lane position increased up to approximately 50%, and missed lane changes increased 140%. Research has shown that the risk of crashing while text messaging and driving is more than double that of talking on a cell phone. Research conducted by Drews and colleagues (2009) looked at the influence text messaging has on simulated driving performance. Forty participants engaged in both a single task (driving) and a dual task (driving and text messaging) in a driving simulator. Participants in the driving & text messaging condition responded more slowly to the flash of brake lights and showed less forward and lateral control compared with a driving-only condition. Text-messaging drivers were also involved in more crashes than non-text messaging drivers.

Drews concluded that text messaging has a negative impact on simulated driving performance (Jamie Hale). The laws governing cell phone usage while driving in...

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